



Opening Night For Two Exhibits During Art Walk

The Sidney and Berne Davis Art Center is offering two unique art exhibitions for the month of September. The opening night reception takes place during Art Walk on Friday, September 3 from 6 to 10 p.m.

Voices of the Island – The Llanes Art Collection, curated by Reynier Llanes, will be featured in the Grand Atrium, while Spectrum of Life by David Monagas will be showing in the Capital Gallery.

The Cuban culture collection, Voices of the Island, was created by students of the arts in Cuba during the 1990s. Historically in previous decades, art expressions were sanctioned and politically supervised by the government. Instead, these students were taught by graduates of the schools where freedom of expression and experimentation was encouraged using many mediums, materials and styles of art. This was also stimulated out of necessity because of the limited availability of art supplies and materials. The artists in this exhibition present works that include representational landscapes,



Jelly is part of the Voices of the Island collection Images provided

figurative expressions, magic surrealism and abstract expressionism styles of contemporary art in Cuba today that is a clear testament to their creativity and imagination, advanced education, rich cultural bonding, sense of humor and vitality.

Monagas explores the conversation of body coverings through his photography exhibition Spectrum of Life. Monagas hopes his work will spark a conversation over the idea of whether or not the human form is something that should be covered in the name of “decency.” His



Photography by David Monagas in the Spectrum of Life exhibition

painted bodies and fabric covered works reflect on how people are affected by these ideas.

Both shows will be on display through Friday, September 24.

Sidney’s Rooftop Sculpture Garden is

open from 6 p.m. to midnight.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com or call 333-1933.✱



Visitors experience an outdoor concert at Edison and Ford Winter Estates photo provided

Concerts On The Lawn Return This Fall At Estates

Edison and Ford Winter Estates will host the acoustic ensemble Appalachian Road Show for the first Rhythm on the River performance of the season on Friday, October 29. Gates open at 5:30 p.m. and the concert starts

at 6 p.m.

Appalachian Road Show performs bluegrass and folk music, as well as original songs. The event will take place on the Ford lawn, along the Caloosahatchee.

Band members include Grammy-nominated banjoist Barry Abernathy, Grammy-winning fiddler Jim VanCleve, vocalist and mandolinist Darrell Webb, Grammy-winning bassist Todd Phillips and

continued on page 14

Arts On Tap Coming This November



The Nappy Roots

photo provided

The Alliance for the Arts is bringing back its annual fundraiser Arts On Tap. This year’s event spans two days and features a mash up of Southwest Florida’s burgeoning craft beer and vibrant arts scenes, and a performance by The Nappy Roots, a two-time Grammy-nominated hip hop group.

On Friday, November 12, guests can mingle, sip and savor award-winning rare

and new artisan brews as well as play twisted pub games, rub elbows with craft brewers and members of The Nappy Roots, bid on silent auction items and listen to live music.

Participating crafters include Bone Hook Brewing, Coastal Dayz Brewery, Crazy Dingo Brewing, Eight Foot Brewing, Fort Myers Brewing, Hopsized

continued on page 4

Historic Downtown Fort Myers, Then And Now:

McElvey’s Parkview Drug Store



by Gerri Reaves, PhD

This 1938 image captures a charming scene in front of McElvey’s Parkview Drug Store, as two women accompany five little girls across Main Street.

Note those costumes the children are wearing, which include little wings and cute caps.

The still is from a fun-loving film produced by the Fort Myers Lions Club, *Movie Queen*, which was shot downtown and in the surrounding area.

The film was a fundraiser for the club’s Blind Fund and featured all local talent. It developed from the live musical comedy that had been performed at the Edison Elementary School Auditorium.

The film’s title role was played by Lillian Tooke (Kagan), who stands left of the five girls. It was a prescient choice, for in 1940, she was crowned an actual queen, specifically the third Queen of Edisonia for the Edison Festival of Light and Pageant. The film depicting a movie star’s visit to Fort Myers repeats two basic plot lines: visits to businesses, as seen here, and visits to churches and schools.

McElvey’s was short-lived, but a drug store occupied that southeast corner of Main and Heitman for approximately six decades under various ownerships and names.

The first drug store to occupy the corner – one of three storefronts -- was Franklin’s Drug Store number 1 in the late-1920s, followed by Marine’s Drug Store in 1933.

In May 1937, JM McElvey bought the business from Dr. PD Marine and the name changed to McElvey’s Parkview Drug Store. “Parkview” was appropriate because City Park was located just across the street.

Note the sign (upper left) reading “McElvey’s.”

From the start, ads prominently featured free delivery. The store had a lunch counter



This still from the Lions Club film *Movie Queen* shows McElvey’s Parkview Drug Store at Main and Heitman in 1938
photo courtesy IMAG History & Science Center



Today, the Lee County Justice Center Complex occupies the former McElvey’s corner
photo by Gerri Reaves

and soda fountain too. Four months after opening, it held a “formal opening” as an enlarged and completely renovated modern drug store, as the announcement in *The News-Press* reported. The year after the film was shot, McElvey’s was sold and became Anderson Drug Store.

At the end of World War II, the store reincarnated yet again, briefly, as Anderson Drug Store. The long-running Lanier’s Parkview Sundries followed and was in business more than three decades. It is still remembered for its lunch counter and friendly service.

By the mid-1980s, Lee County was using the building as a data processing department. Until the early 2000s, the intersection of Main and Heitman was configured very differently from today. Heitman Street ran unimpeded from West First Street for many blocks south.

After the construction of the Lee County Justice Center Complex, the Heitman block nearest the Caloosahatchee was cut off from the rest of the street. And, of course, the construction also involved demolishing the 1920s Mediterranean-Revivalist building pictured here.

Walk down to Main and Heitman and imagine the scene before the Justice Center Complex was built, when you might witness a movie queen escorting little girls in costume across Main Street to McElvey’s.

Then visit the following research centers to learn more about the corner that probably held a record for the most drug store names in downtown history.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Call 332-8778 for the hours or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Archives of the Southwest Florida Historical Society and *The News-Press*.✧

Independently Owned And Operated
COPYRIGHT 2021 The River Weekly News
LORKEN Publications, Inc.

Publisher
Lorin Arundel

Accounting
Mike Terry

Advertising
Bob Petcher

Published every Friday for the people and visitors of Fort Myers River District.
Distribution: 6,000-8,000 per week (seasonal).

Readers with news, tips, comments or questions, call 239-395-1213, write to: The River Weekly News, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957 or email: press@islandsunnews.com. To advertise, email: ads@islandsunnews.com.

The River Weekly News reserves the right to refuse, alter or edit any editorial or advertisement. We will correct factual errors or matters of emphasis and interpretation in news stories.

THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS

Graphic Arts/ Production
Ann Ziehl, Manager
Amanda Hartman
Willow Peterson

Reporters
Gerri Reaves, PhD
Kathy Kurtz Ferrari

Contributing Writers

Kay Casperson	Capt. Matt Mitchell
Suzy Cohen	Trinette Nelson
Linda Coin	Howard Prager
Marcia Feeney	Julie Rosenberg, MD
Katie Frederic	J. Brendan Ryan, CLU,
Shelley Greggs	ChFC, MSFS
Tom Hall	Di Saggau
Marion Hauser, MS, RD	Jeanie Tinch
Ross Hauser, MD	Allison Havill Todd
Craig R. Hersch	

Read Online: www.IslandSunNews.com

PRINTED ON RECYCLED PAPER

Broadway Palm Scores New Musical

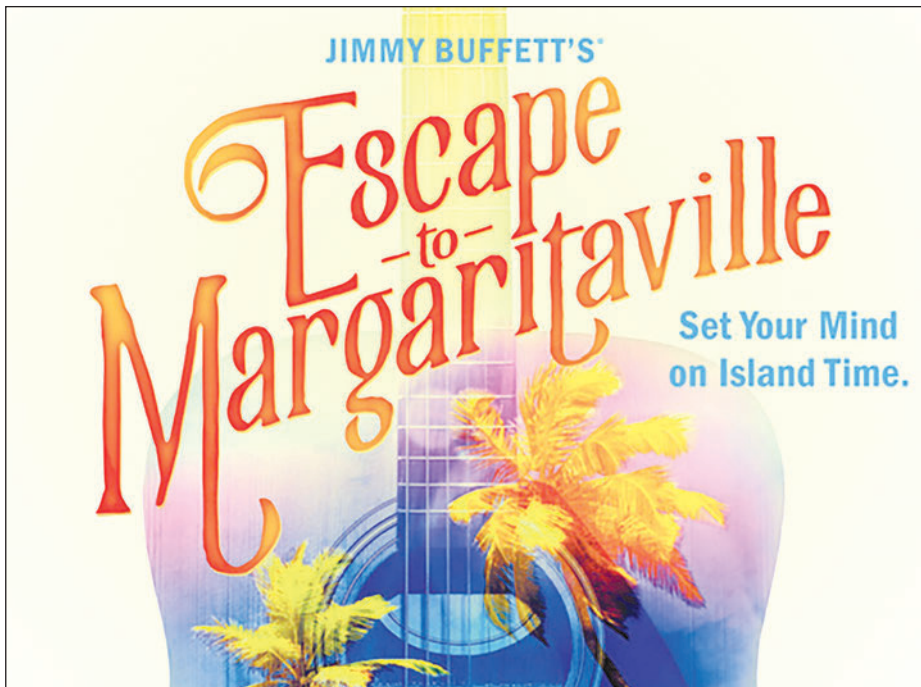


image provided

Broadway Palm has secured the rights to produce the all-new musical *Jimmy Buffett's Escape To Margaritaville*. The popular musical will play February 18 through April 2, 2022 as part of the theater's 29th season. Tickets can be purchased individually or as part of a Broadway Palm season subscription.

Jimmy Buffett's Escape To Margaritaville tells of the story of a part-time bartender/singer who falls for a career-minded tourist and features

the most-loved Jimmy Buffett classics, including *Cheeseburger In Paradise*, *Fins*, *Volcano* and *Margaritaville*. *Entertainment Weekly* raves, "It will knock your flip-flops off!" and *USA Today* calls it "A little slice of paradise!"

Tickets are \$50 to \$75 with children and group prices available. For more information or to reserve tickets, call 278-4422, visit www.broadwaypalm.com stop by the box office at 1380 Colonial Boulevard in Fort Myers.✴

Design Contract Awarded For LeeTran Facility

The Lee Board of County Commissioners recently awarded a contract to design a new park-and-ride facility to accommodate rising demand for LeeTran transit services in Lehigh Acres.

Under the contract, Johnson Engineering Inc. will provide professional design, engineering and architectural services of a new bus park-and-ride facility located at Williams Avenue and Village Lakes Boulevard in Lehigh Acres. Johnson Engineering received the highest ranking out of nine proposals in response to a competitive negotiation request.

The bus ridership within Lehigh Acres has grown about 30 percent since 2010, creating a demand for additional transit services. The LeeTran park-and-ride facility will provide an option for residents to park their vehicle and ride a bus to their destination, not only reducing their fuel cost but also decreasing traffic on the roadways.

The design includes up to four bus bays and shelters with benches, restrooms and parking spaces compliant to ADA standards. The facility also will have paved bus circulation with loading and unloading ramps, custodial facilities,

a technology room and Mobility on Demand drop-off service that will provide riders with innovative real-time transit information.

The project also will include updated design for Village Lakes Boulevard from Williams Avenue to the western property line, which will include sidewalks, drainage and other improvements.

The design effort is expected to take about 11 months and is fully funded through Federal Transit Administration grants.

For schedules or to learn more about LeeTran, go to www.rideleetrans.com. LeeTran Customer Service can be reached at 533-8726 and press option 1, or email rideleetrans@leegov.com.✴

Dean's List

Hannah Upton of Fort Myers has been named to the dean's list during the spring 2021 semester at Lee University in Cleveland, Tennessee. Dean's list recognition is earned by full-time, on-campus students with a semester grade point average between 3.7 and 4.00.

Anisha H. Essani of Fort Myers was named to dean's list second honors during the spring 2021 semester at Clark University in Worcester, Massachusetts. Students must have a grade-point average between 3.50 and 3.79 for second honors.✴

STIFEL

Investment Services Since 1890

Jennifer Basey

First Vice President/Investments

**Call me for a
personalized plan**



KNOWLEDGE

For 130 years, Stifel has served as a trusted financial advisor to individuals, just like you. Our knowledge and service have helped clients navigate all market cycles, even the difficult ones.

SERVICE

Stifel, a full-service wealth management and investment banking firm, has the professional expertise and resources to assist you in developing a financial strategy designed for the challenges of today's up-and-down market and your long-term goals.

EXPERTISE

Contact our office in
Fort Myers, Florida.

(239) 985-6540

baseyj@stifel.com

12800 University Drive, Suite 300
Fort Myers, Florida 33907

Stifel, Nicolaus & Company, Incorporated | Member SIPC & NYSE | www.stifel.com

Fort Myers Art:

Artist Draws Attention To Vital Florida Ecosystem



by Tom Hall

Mary Voytek is one of 72 artists with work on display in the Alliance for the Arts' member exhibition Different Strokes through Saturday, August 28. Her piece, *Oh Precious Roots of the Sea, How Thy*

Nourishes the Life of the Oceans, was chosen by juror Terry Tinchler as Best in Show.

Precious Roots is part of a series of four pieces. Each represents one of the four basic elements, and Voytek has carefully chosen a different native plant to represent earth, air, water and fire.

"The mangrove tree is a particular favorite of mine and, for me, can represent either earth or water," said Voytek. "Mangroves stabilize the Florida coastline ecosystem and help to prevent erosion. They provide shelter and serve as a protective nursery for the fish and other organisms (such as shellfish, brown pelicans and roseate spoonbills) until they are big enough to enter the larger oceans."



Mary Voytek captured Best in Show for her submission, *Oh Precious Roots of the Sea, How Thy Nourishes the Life of the Oceans*

photo courtesy www.artswfl.com

Mangroves figure prominently in local history. The Estero Island Historical Society claims that Estero Island (Fort Myers Beach) was formed by two small mangrove islands coalescing together, and Matlacha was nothing but a warren of mangroves until Lee County created an island there from fill dredged up from the bottom of Matlacha Pass in order to construct the approach for the

198-foot single-lane swing bridge that the Champion Bridge Company barged down the Caloosahatchee from Alva in 1926. Those very same mangroves created such abundant fisheries that the squatters who settled Matlacha after the great stock market crash in 1929 could live for months off a single night's catch, which could include as many as 2,000 shrimp in a single hour or as many as three or four dozen snook in double that amount of time.

While there are more than 50 species of mangrove worldwide, there are just three in Southwest Florida – black, red and white. Red mangroves can grow as tall as 75 feet in height. Typically found at the water's edge, their tangled reddish roots, called prop roots, have earned them the title of "walking trees." Their seeds look like green beans that are known as monkey whistles, and the Calusa and early Matlacha settlers used the wood from red mangroves both as charcoal for their wood fires and the tannins from the bark for leather work.

Black mangroves are identified by the tubular bristles that protrude from the soil all around the tree's trunk. White mangroves are the shortest of the three local varieties and have no visible aerial roots. There are two glands at the base of their yellow-green elliptical leaves that serve the purpose of releasing salt taken in by the tree's root network. In fact, it's the speckled white salt crystals that form on the leaves that give the trees their name.

"In my small way, I hope to bring appreciation to our beautiful native plants and raise awareness of our vital Florida ecosystem," said Voytek, who is an associate professor of sculpture at Florida Gulf Coast University (FGCU).

Voytek has a master of fine arts degree from Rhode Island School of Design and a bachelor of fine arts from California College of the Art. She joined the faculty at FGCU in 2004. Prior to coming to FGCU, she was a visiting instructor at Brown University and Rhode Island School of Design. Areas of special interest include environmental art, sculpture and site-specific public art installation.

In addition to doing fabrications for Jim Dine, Voytek was closely associated with Robert Rauschenberg for over 25 years.

"Bob had a profound influence on my work, on the ways I see things," Voytek said of the experience. "He was such a great artist and giving person that it was impossible to spend time around him and not be transformed in your visual thinking in some way."

Of course, Rauschenberg's legacy not only includes the use of junk in his combines and latter assemblages, but an experimental approach that stretched the boundaries of art for both present-day and future artists.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, visit artinlee.org or call 939-2787.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.*

Call For Youth Choir Singers

The City of Palms Youth Choir of the Fort Myers Mastersingers is now recruiting young singers for its upcoming sixth season. Rehearsals are held weekly on Tuesday evenings at New Hope Presbyterian Church in Fort Myers.

The City of Palms Youth Choir is an auditioned choral program for singers in second grade to 12th grade that provides young singers with artistic, vocal and performance experience. Past seasons have included performances at Barbara B. Mann Performing Arts Hall, with Gulf Coast Symphony and world-premiere performances. Singers have the opportunity to enhance their vocal skills and make new friends along the way.

The City of Palms Youth Choir was formed by the Fort Myers Mastersingers over five years ago in order to provide singing opportunities for young people as funding for arts programs in public schools began to decrease. Rehearsals are conducted by Director Matt Koller and accompanied by Mastersingers pianist Janet Carter. Warm-ups, vocal technique, rhythm and ensemble skills are part of each rehearsal.

The City of Palms Youth Choir season begins in September and continues through April. Dues for the season are \$250, which covers all administrative and music fees.

For more information, contact Matt Koller at 770-1575 or cityofpalmsyouthchoir@gmail.com.*

Graduates

Montana G. Ligman of Fort Myers recently graduated from the University of Rhode Island in South Kingstown, Rhode Island. Ligman received a bachelor of science in ocean engineering, magna cum laude.

Verner Swanson Jr. of Fort Myers recently graduated from The College of St. Scholastica with a doctor of physical therapy degree.*

From page 1

Arts On Tap

Brewing, LaBelle Brewing, Millennial Brewing Company, Palm City Brewing, Point Ybel Brewing and Riptide Brewing. Restaurant partners include The American Grilled Cheese Kitchen and The Standard.

The celebration continues on Saturday, November 13 with a night of food trucks, beer, art, VIP lounge experiences and a once-in-a-lifetime performance by The Nappy Roots.

Tickets will go on sale in September. Sponsorships opportunities are available at www.artinlee.org/ontap, by contacting Jessica Wisdom at jessica@artinlee.org or by calling 939-2787.

Arts On Tap is a fundraiser for the Alliance for the Arts, a nonprofit visual and performing arts center. The event is sponsored by GMA Architects, Nice Guys Pizza, Sanibel Captiva Community Bank and Priority Business Solutions.*

Suzanne's
DANCE | FITNESS

Fitness with Flair @ Royal Palm Square

DANCE FITNESS
Dance fitness, group exercise, contemporary movement, step aerobics, body sculpting.

SOCIAL DANCING
Foxtrot, waltz, cha-cha, rumba, tango, swing, and more! Private and private group lessons.

Boutique-style group exercise and dance studio. Unique classes, friendly and inviting atmosphere.

Visit our
Pick Up Sticks
(jewelry company)

Boutique

Whimsical, unique, collectible jewelry charms. Original art, under glass, framed in polished pewter. Super affordable. Great for gift-giving!

By appointment:
239-822-9226

View online:
shop.pickupsticks.net

1400 Colonial Blvd. #27, Fort Myers • 239.822.9226
sdf@DanceSuzannes.com • www.DanceSuzannes.com

NATURE BRACKETS

naturebrackets.com
info@naturebrackets.com

New Designs Available at Forever Green Ace Hardware
2025 Periwinkle Way • Sanibel, FL

For a Full Mailbox call Dave at (239) 454-1001

Mailboxes

Porches

Shelves



Instructors lead a summer activity

photos provided

Lighthouse Of SWFL Hosts Summer Program

Lighthouse of SWFL children and their families recently experienced a fully customized and hybrid experimental summer learning program. These activities held both in person and virtually were led by Lighthouse of SWFL certified staff instructors Kya Cain, Roselyn Hoffman, Tina Paulsen and Program Services Supervisor Diane "DC" Colburn.

The kids, who are blind or visually impaired, participated in different activities each day arranged by age groups. Summer experiences included sports day with disc golf, splash pad at local parks, baking class with tempting desserts, T-Rex in the park and trivia night. Field trips included Lee County Library System Talking Books, IMAG, Calusa Nature Center and Peace River Wildlife Center. Sanibel Sea School provided seashore opportunities to touch, feel and explore, including widely popular surfboard adventures. Lighthouse of SWFL Assistive Technology instructors Crystle Barrs and Anne Hatton provided technology tidbits. A special guest from Operations Control at Kennedy Space Center offered an interactive NASA experience.

The finale was celebrated at Lighthouse of SWFL with a visit from North Fort Myers Fire Department, SWFL Community Drummers, Kona Ice, and Beesley's Paw Prints. The kids also created tie-dye tote bags and rain sticks.

Lighthouse of SWFL, a local United Way partner agency serving individuals with blindness and vision impairment in Lee, Glades and Hendry counties, is funded by the Division of Blind Services, United Way of Lee, Hendry, Glades and Okeechobee, Lee County Board of County Commissioners Partnering for Results as well as civic, corporate and individual donors. Its mission is to enable people of all ages living with a visual impairment or blindness to remain independent, active and productive in society. For more information, visit www.lighthousewfl.org, or call 997-7797.*



A child creates a dessert in baking class

Ribbon-Cutting Set For Gateway Roundabout

There will be an official ribbon-cutting for the newly constructed roundabout at Gateway Boulevard and Commerce Lakes Drive at the Alta Resources parking lot on Tuesday, August 31 at 10 a.m. The ceremony will feature brief remarks by Lee County commissioners and other officials.

The roundabout was a \$2.8 million project supported by the commissioners because it:

Improves traffic flow – Traffic keeps moving in all directions.

Improves safety – The design controls speed, reduces vehicle conflict locations and decreases pedestrian exposure to traffic.

Saves energy – Because traffic keeps moving, no energy is lost idling and accelerating.

In addition, by building a roundabout instead of a traditional traffic signal, Lee County was able to preserve about 50 existing trees at the site.

The Alta Resources parking lot is located at 12600 Gateway Boulevard in Fort Myers. For more information, visit www.gatewayroundabouts.com.*

FutureMakers Partnership Health Report

FutureMakers Coalition has released its 2021 Partnership Health Report.

FutureMakers Coalitions' goal is to transform Southwest Florida's workforce by increasing the percentage of working age (age 25 to 64) adults that hold the post-high school credentials to 55 percent by 2025.

"We are really pleased with the results of our latest partnership report and the outcomes are better than we could have imagined," said Tessa LeSage, FutureMakers Coalition director at Collaboratory. "The report shows that partners have gone beyond networking. They believe in and are making changes in their work and organizations because of our collaboration and shared goals."

Highlights of the report include:

97 percent of partners said that their partnership with FutureMakers Coalition has the potential to make a significant impact on the region's educational and economic wellbeing.

88 percent of stakeholders feel that their partnership with FutureMakers provides them with the data required for decision-making and continuous improvement.

92 percent of partners that read our monthly newsletters find them useful. We started sending these newsletters

out based on responses to the last partnership health assessment.

60 percent of partners have changed their work since they started their partnership with FutureMakers Coalition.

41 percent of partners said they have changed policies or practices because of their work with FutureMakers. According to the survey responses, two of the most common changes have been equity and diversity policies and practices that focus on how to better serve students.

The full report is available at www.futuremakerscoalition.com.

FutureMakers Coalition aims to transform Southwest Florida's workforce by increasing the proportion of working age adults with college degrees, workforce certificates, industry certifications and other high-quality credentials to 55 percent. The coalition has grown to over 250 active FutureMakers representing business, education, government, nonprofits, philanthropy, residents and students across Glades, Hendry, Collier, Lee and Charlotte counties.

In January of 2020, Southwest Florida was designated a Talent Hub by Lumina Foundation in partnership with The Kresge Foundation.

FutureMakers Coalition encourages businesses to join and invest in sustaining this community-changing initiative by visiting www.futuremakerscoalition.com or emailing LeSage at tlesage@collaboratory.org.*



Cape Coral
Olive Oil Company
Coming Soon!

Where you can "taste" the difference!

We carry the freshest,
finest quality Extra Virgin
Olive Oil and Balsamic
Vinegars.

Dozens of flavors
to choose from!

FREE

60ml bottle
of Sicilian
Lemon Balsamic
Vinegar with any
purchase of Olive Oil.

Must present coupon.
Limit one per person.
Expires 9/3/21



Ask us
about our
CBD oils!

Monday - Saturday 10 am - 6 pm • Sunday 11 am - 4 pm • 239.275.5100

FortMyersOliveOil.com • 7101 Cypress Lake Dr. #57, Fort Myers, FL (Costco Plaza)



Valerie's House CEO Angela Melvin and Marcel Garcia photos provided

Valerie's House Awards College Scholarships

Valerie's House, a nonprofit organization in Southwest Florida helping children grieve, has awarded \$30,000 in college scholarships for graduating high school seniors who have participated in its program.

It's the first year that Valerie's House has offered the scholarships of \$1,500 per year for four years for a total of \$6,000 per student. Five local students were chosen based on an essay they



Valerie's House CEO Angela Melvin and Stori McDougall-Eva

each wrote about their personal grief story and how their loss shaped them as the person they are and the person they want to become.

The scholarship recipients are: Marcel Garcia of Naples, who graduated from Gulf Coast High School and plans to attend Florida Gulf Coast University;

Stori McDougall-Eva of Fort Myers, who graduated from Canterbury School and attends Boston College;

Shane Spotz of Cape Coral, who graduated from Cape Coral High School and plans to attend the University of Florida;

Austin Wolin of Punta Gorda, who graduated from Island Park High



Shane Spotz

School and plans to attend Florida SouthWestern College; and

Ashley Zimmerman of Naples, who graduated from Naples High School and plans to attend Southern Union State Community College in Opelika, Georgia.

"This is the next step in the grieving process to help these young adults who have lost a loved one," said Valerie's House Founder and CEO Angela Melvin. "We are very grateful to our donors who have made this inaugural scholarship program possible."

The scholarship funds may be used for classes, materials, or anything they need during the school year.

"The students are to check in with us continued on page 10



Austin Wolin



Ashley Zimmerman

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE

Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m., www.revtedalhouse@aol.com, 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM

For summer (June, July, August) 7:30 p.m. Friday Shabbat services every week. Other programs on vacation. ChavuratShalom@gmail.com.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY

Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9

a.m. after Easter – Dec 31. www.crownoflifelutheran.com. 5820 Daniels Pkwy, 482-2315.

REDEEMER CHURCH

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST

Sunday 9 and 11 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS

11 a.m. Sunday, www.fpcforymyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue,

481-1143.

LAMB OF GOD

Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETH EL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m., www.tjsfwf.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER

Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THOMAS A. EDISON CONGREGATIONAL

Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.

Email changes to press@islandsunnews.com or call 395-1213.✧



Titi's whorled flower spikes provide plentiful nectar for bees

photo by Gerri Reaves

Plant Smart

Titi

by Gerri Reaves

Native titi (pronounced “tie-tie”) (*Cyrilla racemiflora*) is found in South Florida, but is much more common in the central and northern parts of the state.

This shrub or small tree grows to a height of 10 to 30 feet. With an open-branched spreading form and twisting spiraling branches, the plant's width can almost equal the height.

Its natural habitat is swampy areas, stream banks, bogs and other wetlands, where it often forms thickets via horizontal roots.

The alternative oblong leaves typically measure three to four inches long and have a leathery texture, thus another common name, leatherwood. Other names are ironwood and swamp cyrilla.

In southern Florida, this shrub is evergreen or semi-deciduous.

Plentiful white or cream-colored flowers appear in late spring or early summer on spikes as long as six inches.

Fragrant, five-petaled and about one-fourth of an inch across, the flowers

produce plentiful nectar that bees make into honey considered particularly good.

The hanging cylindrical spikes appear below the new spring leaves that emerge at the branch tips.

The showy flowers and glossy leaves together produce a lovely ornamental effect.

The remains of the clusters can persist on the tree all year.

The fruit is a one-half inch round capsule that birds and other wildlife consume.

Plant titi in full sun to partial shade. It tolerates a variety of conditions and is drought tolerant and highly salt tolerant.

It works well in a boggy area or as a privacy screen.

Propagate it with seeds or cuttings.

Sources: *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, www.floridata.com, and www.fnps.org.

Plant Smart explores the diverse flora of South Florida.✱

FWC Seeks Input On Proposed Terrapin Rules

The Florida Fish and Wildlife Conservation Commission (FWC) is seeking input on proposed changes to diamondback terrapin rules. If approved, the proposed revisions will affect take, possession, transport and sale of diamondback terrapins in Florida.

At the agency's December 2020 meeting, commissioners approved staff recommendations to amend existing rules to strengthen protections for diamondback terrapins in Florida. Because close coordination with stakeholders and the public is important for helping to ensure the best outcome for final rules, staff are seeking public input and conducting webinars focusing on intentional take of diamondback terrapins.

FWC staff will hold two public webinars during the public comment period that runs through September 13. Staff will present information on proposed rule changes as well as ongoing research and conservation efforts for terrapins in Florida. Each webinar will offer the same information and will provide an opportunity for participants to ask questions.

Webinars are scheduled for the following dates:

Wednesday, September 1 from 6 to 7:30 p.m.

Friday, September 3 from 1:30 to 3 p.m.

Participation in a webinar will require access to a computer. A recording of the webinars will be published online for interested parties who are unable to attend. For information on how to join the webinars and proposed rule revisions, visit www.myfwc.com/freshwaterturtles and click on the banner at the top of the page.

The FWC will also accept public comment through September 13 via email to freshwater.turtles@myfwc.com. If you would like to comment but are unable to do so in the specified timeframe, or if you prefer an alternate format in which to comment, contact freshwater.turtles@myfwc.com.

Diamondback terrapins are medium-sized turtles that live in brackish water habitats statewide, including salt marshes, barrier islands, mangrove swamps, tidal creeks and rivers. They eat a variety of foods including snails, crabs, clams, mussels, worms, fish and plants. Five subspecies occur in Florida, three of which can be found nowhere else in the world. For more information on diamondback terrapins, visit www.myfwc.com/terrapin.✱

View Hurricane Seminar Online

The City of Sanibel annual hurricane seminar, presented by the Sanibel Police Department, can be viewed online at <https://www.youtube.com/watch?v=oR52lf-MjK0>.✱

GET YOUR HANDS WET

ENCOUNTER LIVE ANIMALS IN OUR TOUCH POOLS

SEE SPECTACULAR EXHIBITS OF MOLLUSKS AND SHELLS

BE WOWED BY OUR GIANT PACIFIC OCTOPUS

ATTEND A KEEPER CHAT AT 11 A.M. DAILY

WIN A PRIZE ON OUR SCAVENGER HUNT



BAILEY-MATTHEWS
**NATIONAL
SHELL
MUSEUM**



3075 Sanibel-Captiva Rd., Sanibel, FL
(239) 395-2233 • ShellMuseum.org

Open Daily
10 a.m.-5 p.m.



LEE COUNTY
TOURIST DEVELOPMENT COUNCIL

**BE A LIFE
SAVER**
YOUR BEACH VISIT CAN
SAVE COASTAL WILDLIFE



ENJOY OUR ISLANDS AND PROTECT WILDLIFE AT THE SAME TIME!

Sanibel and Captiva provide crucial habitat for many sea turtles, shorebirds, and sharks. You can help us protect these species by practicing a few easy wildlife-friendly habits.

Check out our beach tips by visiting SanCapLifeSavers.org or simply scan the code.



SCCF
SANIBEL-CAPTIVA
CONSERVATION FOUNDATION



Fish Concierge



by Capt.
Matt Mitchell

Some fishing trips are about catching that bucket list fish, while some are about groceries and others are about friendly competition. During our summer months, most of our trips are about quality family time on the water and making memories. Introducing young anglers and clients who have never fished our waters are some of my favorite outings.

When I'm lucky enough to be given that opportunity to take someone on their first saltwater fishing trip, it's something I don't take lightly. When taking these trips, I like to show clients the variety of species our amazing backyard offers up every day. Starting out the trip with a fast-paced bite on either snapper or trout quickly grabs everyone's attention. Coaching anglers to catch fish no matter what their skill level is all part of the challenge of being a guide. Over the years, you learn to recognize the small things that make all the difference why one angler does well while another may struggle. By the end of the day's trip, watching everyone succeed is what it's all about.

As guides, we are not only fishermen but the concierge to this amazing place we are lucky enough to call home. From where to stay or eat to environmental issues, ask your guide. The eco part of the tour is always open while out on the water. We never know what we will see from day to day. Turtles, dolphins, manatees and birds are all part of the experience.

After 21 years of guiding, I'm confident in saying I have the best job out there. I'm living the dream by getting to spend over 300 days a year on the water doing what I love. Yes, there are some tough days when Mother Nature fights you but, day in day out, I can't think of any other place I'd prefer to be.

Most people work their whole life to retire and do what I get to do every day. Clients often ask what I do when I have time off. The answer is, fish.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*



Seven-year-old Miguel wanted to catch a snook on his birthday

photo provided



CAPT. MATT MITCHELL

Light Tackle Sport Fishing
Sightseeing • Eco Tours
Tarpon • Snook
Redfish & More
C: (239) 340-8651
www.captmattmitchell.com
email: captmattmitchell@aol.com

 **CLEAR YOUR GEAR™**
It Catches More Than Fish


Fishing gear can kill birds, reptiles and mammals



ACE'S CLEAR YOUR GEAR

Cycling Safety Notes

Ride to the right
Warn to pass
Wear a helmet
Use lights at night
Always be courteous



SANIBEL BICYCLE CLUB

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.



ISLAND MARINE SERVICES, INC.
NEW MOTOR SALES • REBUILT POWERHEADS • FACTORY TRAINED
MERCURY - MARINER - JOHNSON - EVINRUDE
SUZUKI - YAMAHA - OMC - I/O'S - MERCURUISER
Courteous Professional Marine Repair Service • Dockside Service
Serving Sanibel & Captiva For Life
472-3380 • 466-3344
Your Bottom Specialist • Call on Paint Prices



Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Gopher Tortoise

by Bob Petcher



The gopher tortoise (*Gopherus polyphemus*) is a docile creature that uses the claws on its feet to dig burrows for its underground home that also provides shelter for many

other animal species. While this type of turtle can probably bite back to protect itself, it usually does not and instead tends to pull its head into its shell and use its front legs as a shield.

At CROW, an adult female gopher tortoise was admitted after a dog attack in Fort Myers. Upon examination, the patient had multiple shell fractures as well as a large soft tissue injury. Veterinarians administered medications and bandaged the wounds.

"The soft tissue injury is significant because parts of the pectoral muscles were destroyed. While it was relatively fresh, some parts of tissue didn't survive the injury and had to be removed in order for it to heal appropriately," said Breanna Frankel, CROW rehabilitation manager. "The tortoise is fully able to use all limbs, and limitations should be minor.

"There were three minor fractures that only required bandaging – the front



Patient #21-4180 is still active even while sporting bandages and a feeding tube

photo by Brittney Auchmuty

left carapace, the back right carapace and back left plastron," said Frankel. "The front of the plastron did not have fracturing, it was mostly missing parts of the shell, tissue and muscle following the dog attack. This injury has only required bandaging as no fracture repair was necessary."

Nine days after intake, the patient underwent surgery to remove the damaged tissue. A feeding tube was inserted during the process.

"The feeding tube was not placed through damaged tissue, but it was

placed within a few inches," Frankel said. "The tube is actually surgically placed via the side of the tortoise's neck and follows the esophagus directly into the stomach. This allows us to offer additional nutrients and oral medications without consistently opening the tortoise's mouth."

Since the operation, the patient has shown improvement.

"Fortunately, this tortoise started eating very well on its own and does not require supplemental force feeds," Frankel said. "It enjoys grazing outside

and eating natural greenery as well as salads' offered by the rehabilitation staff."

Veterinarians will continue to monitor her progress until she is approved for release.

"The prognosis is gradually improving as the tissues have started healing to the point they no longer require topical medication and are starting to heal over nicely," said Frankel. "The tortoise eats on its own and does its own physical therapy when taken outside to graze. Overall, this patient is doing well clinically, but still has a guarded prognosis."

Time will tell if the status of the gopher tortoise will be elevated to allow her to be released. Until then, the patient is in good care as she works her way back from a traumatic injury.

"There should be minimal limitations if/after release because this tortoise is able to move completely on its own and it eats very well," said Frankel. "The only piece missing for this female is part of the gular scute and the most forward part of the plastron. The males use their gular horn to fight for territory or try to win over females but, as a female, she doesn't have to worry about that."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

Food Bank To Hold Hunger Fundraiser

Midwest Food Bank of Florida will hold its 2021 Shoot Down Hunger Clay Shoot fundraiser event at Bermont Shooting Club on Saturday, November 6. The fundraiser will run from 9 a.m. to noon, allowing shooters enough time for 10 shooting stations and then a catered lunch. Ticket holders will participate in some friendly competition, with some local donated prizes and a Judge pistol up for grabs.

Funds raised from the Clay Shoot will benefit Midwest Food Bank of Florida, a faith-based organization dedicated to feeding the hungry and ending malnutrition, as well as providing disaster relief, in communities throughout Southwest Florida.

Tickets are \$125 per person, with ammo and a catered lunch included. Teams of four people are \$400. Sponsorship options are available also. To purchase Shoot Down Hunger tickets, visit <https://events.idonate.com/2021shootdownhunger>.

Bermont Shooting Club is located at 40571 Bermont Road in Punta Gorda. For more information, visit www.bermontshootingclub.com or www.midwestfoodbank.org/florida. For Midwest Food Bank of Florida, call 690-1722, ext. 105, or email kapfel@midwestfoodbank.org.

Filtered to Perfection!
100% Gluten Free
Flavored with ALL NATURAL KEY LIMES AND...

PURE RAW HONEY

CAPTIVASPIRITS.COM

KEY LIME HONEY VODKA

Discover the world's first
Key Lime Honey Vodka!

Cut Rate Liquors - Cape Coral
Liquors and More - North Fort Myers
Total Wine and Spirits - Fort Myers, Estero, Naples
Shores Liquors
Liquor Wine & Smoke Shop at Fiddlesticks
A to Z Liquor
Lehigh Liquors
Dr. Watson's Liquor Store - Pine Island
Sydney & Bern Davis Art Center
Edison Restaurant, Bar & Banquet Center
Or Order online...Now Shipping to 31 states!

In the Mooood for
UDDERLY GREAT FOOD!

LIVE MUSIC
Fri, Sat & Sun
5pm - 8pm

Get a taste of Key West right here on Sanibel.
For the past 18 years, The Island Cow is Sanibel's award-winning family dining destination with great cookin', lavish island cocktails, specialty coffees, outdoor games, and live entertainment.

BODYGUARD
Ultimate
NO-SEE-UM DEFENSE
SOLD HERE

Family Owned & Operated | 300+ Menu Items | Open Daily 8am - 9pm
2163 Periwinkle Way, Sanibel Island | 239.472.0606 | SanibelIslandCow.com



The colorblind scope is accessible to visitors in wheelchairs and the general public atop the disabled-accessible Wildlife Drive observation tower photo provided

Refuge Has New Scope For Colorblind Guests

Among the 560 refuges in the National Wildlife Refuge System, the JN "Ding" Darling National Wildlife Refuge on Sanibel is the first to expand its accessibility initiatives to include a spotting scope for colorblind

visitors. The scope, specially engineered by SeeCoast Manufacturing with EnChroma's patented lens technology for color blindness, was unveiled at the Wildlife Drive observation tower on August 4. EnChroma eyeglasses are available at the refuge for guests with color vision deficiency to borrow during visits.

August 4 marked the newly declared Great American Outdoors Day in honor of the signing of the Great American

Outdoors Act in August 2020.

"It seems fitting to honor an act that provides funding for facilities and infrastructure at national wildlife refuges and other federal public lands by broadening this refuge's accessibility to a new audience of visitors with color vision challenges," said Supervisory Refuge Ranger Toni Westland. "The new scope and EnChroma glasses will help colorblind people experience our natural, colorful beauty and wildlife as a normal-vision person would, plus the scope is wheelchair-accessible. It's a very exciting step for people with vision and mobility limitations."

One in 12 men (eight percent) and one in 200 women (0.5 percent) are color-vision challenged; 13 million in the United States alone are born with the genetic deficiency. That means that out of the refuge's nearly one million visitors annually, statistically, an estimated 42,500 are color blind.

While people with normal color vision see more than a million hues and shades of color, those with color vision deficiency only see an estimated 10 percent of color variations. As a result, their color spectrum is more limited, and their world view is duller and

muted, while certain colors are difficult to differentiate from each other.

"Ding" Darling is at the forefront of public lands and cities that are bringing this new technology to change the outdoor experience for colorblind people. The refuge's new scope is the first such public viewing scope in Florida and on any federal lands. Fewer than 20 other such scopes are available currently to the public throughout the nation.

Westland led the project to bring the scope and glasses to the refuge. "This follows on the heels of numerous accommodations – such as the observation tower's accessible ramp, the lift at the visitor and education center, and wheelchair accessibility on Tarpon Bay Explorers tram tours – to make visitor services at the refuge available to the greater public. EnChroma's donation of corrective eyeglasses will allow colorblind children and adults eventually to check them out for use on Wildlife Drive."

To support the refuge, visit www.dingdarlingsociety.org or contact Birgie Miller at 472-1100 ext. 4 or director@dingdarlingsociety.org.

Water Quality Topic Of Real Estate Symposium

The 2021 REIS Real Estate Symposium takes a comprehensive look at water quality and the implications for real estate and economic development in Southwest Florida at Florida Gulf Coast University (FGCU) on Wednesday, September 8. The symposium will begin with registration and continental breakfast at 8 a.m., and the program runs from 8:30 a.m. to noon.

Presented by the Real Estate Investment Society (REIS) and Lutgert College of Business, the symposium will feature critical updates, expert insights and potential solutions by leading water experts, business professionals, and civic and community leaders. Introductory commentary will be provided by FGCU President Michael Martin and State Representative Ray Rodrigues.

The focus and activities of the FGCU Water School will be discussed by Executive Director Greg Tolley and FGCU professors Barry Rosen, Michael Parsons, Jo Muller and Shelton Weeks. Factors affecting real estate and development will be addressed by real estate appraiser Nelson Taylor, businessman Jay Johnson, environmental expert Steve Hilfiker and the realtor association.

"What are community leaders doing to effect change?" will be answered by Lee County Commission Chair Kevin Ruane, Cape Coral Mayor John Gunter and Dr. Michael Savarese of the Southwest Florida Regional Resiliency Compact. Things that we can do to make a difference will be presented by Ryan Orgera of Sanibel Captiva

Conservation Foundation, Trish Fancher of Keep Lee County Beautiful and Captain Daniel Andrews of Captains For Clean Water.

REIS President Bill Morris, PE, notes that: "Southwest Florida is adapting to new market trends and economics, and REIS is pleased to provide a forum with knowledge and ideas that will help our members and our community leaders succeed in this dynamic environment. The presenters are leading experts who will share their expertise with property owners, government officials and real estate development professionals who attend."

Admission is \$35 for members of REIS and \$50 for all other interested persons, with the exception of FGCU students who may attend at no charge. Admission includes snacks and refreshments. Seating is limited and reservations are required by September 6. Reservations may be made online at www.reis-swfl.org.

Roetzel is the title sponsor of the Symposium. Morris-Depew Associates, Busey Bank and ERMI are the Gold Sponsors, with Edison National Bank and Dagostino Geospatial as Silver Sponsors.

For more information, visit www.reis-swfl.org.

From page 6

Scholarships

every semester, show us transcripts with a GPA of 2.5 or higher, and tell us something that they worked through that was challenging during the semester, how they worked through it or something great that they accomplished," said Staci VanSlambrouch, mentor and family support coordinator who is in charge of the scholarship program.



She Sells Sea Shells

"An Ocean Boutique"

"Where Islanders Have Sent Their Friends & Family To Shop Since 1976"

Sanibel & Worldwide Shells • Corals & Exotic Sealife
Shell Gifts • Jewelry • Books • Candles • Lamps • Craft Supplies
T-Shirts • Tanks • Muscles • Hoodies • Hats • Cover-Ups & Dresses
Handmade Shell Xmas Ornaments & Flowers

WELCOME VISITORS

SEE OUR STERLING WAVE RINGS

Celebrating Over
45 Years On Sanibel!

SUMMER SEASON CLEARANCE

50% OFF & MORE

BUY YOUR GIFTS NOW

SAVE ON OUR MANY SALE ITEMS!

FREE GIFT!
WE SHIP!

BEST OF THE GULF

20% Off
Any Single Item
(cash sales only)
Good with coupon
not valid on sale items

WE BUY LOCAL SHELLS!

BEST OF THE GULF

1157 Periwinkle Way
472-6991 • 472-8080
Open 7 Days 9:30am 'til 8pm
SheSellsSeaShellsSanibel.com

Voted The Best Shell Shop in SW Florida 2000-2019
-News Press Readers Poll 2000-2019
Voted The Best Gift Shop in SW Florida 2019

Winner Best Shell Shop -Islander/Island Reporter Readers Poll 2000-2020
2015 Best Craft Shop & Best Gift Shop

Florida Greeted 31.7M Travelers In Second Quarter

VISIT FLORIDA recently announced that preliminary visitation estimates show Florida welcomed a total of 31.7 million travelers from April through June 2021, representing an increase of more than 220 percent over the prior year. Approximately 30.6 million domestic visitors traveled to Florida in the second quarter (Q2), reflecting a 216 percent increase from 2020, and a six percent increase from 2019. Over the past year, VISIT FLORIDA had several marketing successes that accelerated tourism's recovery and positioned Florida as a leading destination for travelers across the U.S.

"Florida continues to serve as an example for the country that when you reject lockdowns and unnecessary mandates, your economy will thrive," said Gov. Ron DeSantis. "Not only did Florida have more visitors in the second quarter than we did in 2020, but the data shows that domestic visitation has already fully recovered to 2019 levels. I'm grateful for the dedication of thousands of Florida business owners, who demonstrated the highest commitment to their employees and their customers, and I'm proud of VISIT FLORIDA's hard work to market the Sunshine State. The revitalization of our tourism industry will have a positive impact on every Floridian."

"Florida tourism's skyrocketing growth in Q2 2021 is an incredible achievement for our state's economic recovery and underscores the effectiveness of VISIT FLORIDA's marketing," said Dana Young, VISIT FLORIDA president and CEO. "With Gov. DeSantis' support, we have not only helped propel travel well past 2020 levels, but also achieved a six percent increase from 2019 domestic visitation. VISIT FLORIDA remains wholly focused on driving even more results for Florida's tourism economy and showcasing everything our great state has to offer to travelers."

Despite ongoing international travel restrictions, preliminary estimates also indicate that 1.1 million overseas visitors came to Florida in Q2 of 2021, an increase of 854 percent from last year. Travel from Canada rose by over 74 percent, with 15,000 Canadian travelers visiting the state between April and June. Additionally, after receiving updated information for quarter one 2021 visitation numbers, VISIT FLORIDA estimates the state welcomed a total of 27.3 million visitors from January to March this year, slightly more than what was previously reported.

Last fiscal year, VISIT FLORIDA partnered with AAA Northeast on a co-branded, multi-channel campaign promoting the Sunshine State to adults age 25 and older in key markets in the Northeast U.S. VISIT FLORIDA's \$150,000 co-investment in the campaign resulted in over \$24.5 million in total bookings to Florida, which included \$16 million in bookings to Orlando. VISIT FLORIDA's participation also

nearly doubled the impression goal for the campaign, accruing more than 43 million total impressions among potential travelers.

While air travel was in severe decline during the pandemic, VISIT FLORIDA partnered with Allegiant Airlines, American Airlines/American Airline Vacations and United Airlines on three independent campaigns throughout the Midwest and Northeast to keep Florida top of mind and drive bookings to the state when travel resumed. VISIT FLORIDA's \$550,000 investment, which was matched at least 1:1, helped deliver nearly \$1.2 million in media value and over 156.5 million impressions, exceeding estimates by 47.3 percent.

Key Takeaways from Marketing Campaigns

Allegiant – Bookings to Florida from Cincinnati, Columbus and Indianapolis increased by an average of 8.6 percent year-over-year.

American Airlines – Flight bookings to Florida increased by 80 percent during the campaign period month-over-month.

American Airline Vacations – Florida vacation package bookings increased 14.8 percent year-over-year, with a 19.3 percent increase in room nights and 9.3 percent increase in revenue.

United – The campaign directly resulted in \$2.9 million in flight sales to Florida, leading to an average ROAS (return on ad spend) of 20:1.✱

Few Tickets Left For Awards Show

Tickets are going fast for the 2021 SWFL INCredible Awards, celebrating the businesses, nonprofits and individuals who help Lee, Collier and Charlotte Counties thrive. The awards program will be held at the Hyatt Regency Coconut Point Resort & Spa on Thursday, September 9 from 11:30 a.m. to 1 p.m. Tickets are \$95 apiece and available at www.swflinc.com/incredible-awards-september-9.

The awards to be presented are: Small Business of the Year, Nonprofit of the Year, Innovation Award, INCredible Award and SWFL Citizen of the Year.

The SWFL INCredible Awards is presented by London Bay Homes. Sponsors include Hyatt Regency Coconut Point Resort and Spa, Physicians Regional Healthcare System, Naples Daily News, The News-Press, Stock Development, City of Bonita Springs, Diamond Oaks Village, Lee Health, NCH Healthcare System, Vi at Bentley Village, Bonita Springs-Estero Realtors, Henderson, Franklin, Starnes & Holt, P.A., Briers CPA, YMCA of Bonita Springs, Rosier Insurance, Sunshine Ace Hardware, Prestige Printing, Willett Business Management, Hodges University, Bonita Boarding Kennel and Pet Camp, Dragon Horse Agency and Florida Gulf Coast University.

Hyatt Regency Coconut Point Resort & Spa is located at 5001 Coconut Road in Bonita Springs. For questions, contact Hannah Phillips at hannah@swflinc.com.✱

Tickets Available For Fall Market Trends Summit



Randy Thibaut



Denny Grimes

Tickets are available for the fall Market Trends summit at Caloosa Sound Convention Center & Amphitheater on Thursday, September 9 from 4 to 7 p.m.

Event tickets are \$50 and include a comprehensive data book. Tables ranging from \$440 to \$950 are available for groups of eight to 10. Virtual tickets are \$50 and include access to view the livestreamed event and the market data book.

Featuring the region's leading voices

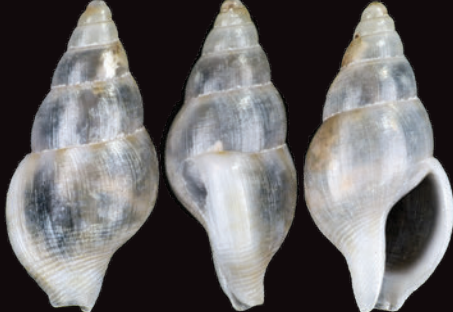


Justin Thibaut

in real estate, Market Trends will provide data, research and fact-based analysis to help homeowners, homebuyers, real estate professionals and residents of Southwest Florida understand trends in the real estate market. Randy Thibaut, founder, owner and CEO of LSI Companies, will address land, new home sales and development. Denny Grimes, president of Denny Grimes & Team at Keller Williams Realty, will address residential real estate. Justin Thibaut, CCIM, president and partner of LSI Companies, will address commercial real estate.

Market Trends 2021 is presented by LSI Companies, Charlotte DeSoto Building Industry Association, Collier Building Industry Association and Lee Building Industry Association. Additional sponsors include Premier sponsors Business Observer, Florida Weekly and NBC2; Platinum sponsor is Henderson, Franklin, Starnes & Holt, PA; Gold sponsors are Barraco & Associates, Busey Bank, DR Horton, Florida Gulf Coast University Lutgert College of Business, Norris Furniture & Interiors, Panther Printing, Pavese Law Firm, Priority Marketing, Siesta Pebble, Inc., Stevens Construction and Tomahawk Construction. Silver sponsors are Babcock Ranch, Cameratta Companies, Christopher Alan Homes, Environmental Risk Management, Inc., Lennar Homes, Pulte Homes, Sanibel Captiva Community Bank and Waldrop Engineering, PA.

To register or to learn more, visit www.markettrendsswfl.com.✱



"A spectacular new exhibition of high-resolution seashell photographs would also have given Rembrandt oceans of artistic inspiration."

—Forbes.com


IN FOCUS

PRECISION PHOTOGRAPHY
OF EXTRAORDINARY
AND UNCOMMON SHELLS

ShellMuseum.org/in-focus


SPECIAL EXHIBITION

Open May 29 through Nov 28
Free with admission




BAILEY-MATTHEWS

NATIONAL SHELL MUSEUM



3075 Sanibel-Captiva Rd., Sanibel, FL
(239) 395-2233

Open Daily
10 a.m.-5 p.m.



LEE COUNTY
TOURIST DEVELOPMENT COUNCIL

Book Review

The Forest Of Vanishing Stars



by Di Saggau

Kristin Harmel is one of my favorite authors of World War II historical fiction. I had the opportunity to tell her that a while back when she was on Sanibel at an author luncheon and talk sponsored

by MacIntosh Books. At Traders2, she greeted everyone before her talk and then gave us the background on her latest book *The Forest of Vanishing Stars*.

The book is about Jewish refugees who flee from the Nazis and try to survive by hiding in the vast forests of Poland. Leaders are the Bielski brothers, Tuvia, Zus and Aron. Harmel was able to interview Aron for much of the background in her story. I found her author's notes to be as fascinating as the book because she shares her research and talks with Aron, the surviving brother who is in his 90s.

The book is a heart-wrenching and suspenseful novel. It begins with a young child being stolen from her wealthy German parents by an elderly Jewish woman who raises her in the forest and teaches her all about how to survive,

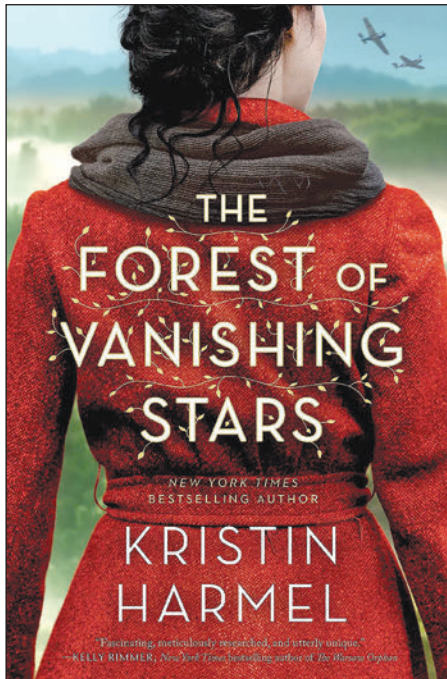


image provided

build shelters, gather and preserve food, how to use plants and herbs and how to defend herself. She is named Yona, which means dove in Hebrew. Her teacher is Jerusza.

When Jerusza dies at age 102, Yona is alone but able to survive because of her skills. When she meets a group of Jewish people who had escaped the ghetto, she feels it is her duty to help them survive. She teaches them the ways of the forest where they live in fear from the Nazis.

This is an outstanding read. It's a

story of hope, courage, bravery, survival, sacrifice and love. A tribute to the human spirit to perseverance, and to finding the qualities a person possesses for empathy, kindness and making choices.

In her notes, Harmel mentions the 2008 film *Defiance* starring Daniel Craig,

Liev Schreiber and Jamie Bell as the Bielski brothers. It tells a breathtaking story and is available on Netflix. *The Forest of Vanishing Stars* is a compelling masterpiece, beautifully researched. If you've not yet read it, I hope you put it on your list.*

School Smart



by Shelley M. Greggs, NCSP

Dear Readers, I shared this information with you a few years ago, but given our current volatile and often violent weather situation and its impact on children, I'm

sharing this again to help you and your family be more prepared for any adverse weather impacts. This fact "sheet" is from the National Association of School Psychologists and provides explanations and strategies to help your children with their distress from hearing about or experiencing a natural disaster.

Experiencing a dangerous or violent flood, storm, or hurricane can be especially traumatic for children and youth, and the devastation to the familiar environment can be long-lasting and distressing. Children look to the significant adults in their lives for guidance on how to manage their reactions after the immediate threat is over. Parents, teachers and other caregivers can help children and youth cope in the aftermath of a natural disaster by remaining calm and reassuring children that they will be all right.

There are a number of common reactions following a natural disaster; however, children's reactions may differ according to age and developmental level.

Preschool – Regressive behaviors, decreased verbalization, increased anxiety.

Elementary – Poor attention/concentration, school avoidance, irritability, clinginess, aggression, somatic complaints, nightmares, social withdrawal.

Middle and High School – Sleeping and eating disturbances, agitation, increase in conflicts, physical complaints, delinquent behavior and poor concentration.

Several risk factors may impact the severity of a child's reactions. These include exposure to the actual event, personal injury or loss of a loved one, level of parental support, dislocation from their home or community, the level of physical destruction and pre-existing risks, such as a previous traumatic experience or mental illness. Issues associated with specific disasters are listed below.

Hurricanes – Usually hurricanes are predicted in advance, giving communities time to prepare and families time to gather supplies and evacuate if needed. But there is still potential for fear and anxiety about the potential impact from the fierce winds and rain. Children may exhibit exaggerated startle responses, anxiety and significant stress during or immediately after a hurricane. As a result, children may re-experience similar stress reactions when subsequent severe weather events occur.

Earthquakes – Aftershocks differentiate earthquakes from other natural disasters. Since there is no clearly defined endpoint, the disruptions caused by continued tremors may increase psychological distress. In addition, earthquakes occur with virtually no warning, which limits individuals' ability to make the psychological adjustments that can facilitate coping and can create a sense of helplessness. Aftershocks and destruction may result in a longer period of time until children truly feel safe.

Tornadoes – Like earthquakes, individuals typically have little time to prepare for tornadoes. It can be difficult to cope with the sights and smells of destruction following a tornado. Survivor guilt has been observed to be an especially common coping challenge. For instance, some children may express guilt that they still have a house to live in while their friend next door does not.

Floods – Flash floods are the most dangerous of these common disasters, as they occur without warning and move at intense speeds. Most floods do not recede overnight, and residents may have to wait days or weeks before they can begin cleanup efforts, resulting in a delay in emotional recovery.

Wildfires – Often, there is some warning of an advancing wildfire. However, depending upon the wind and terrain, the direction and spread of a wildfire can change abruptly. Depending upon the need to evacuate, and the extent of the damage, children and families may be displaced and consequently may struggle to recover.

Recovery takes time – Survivors may have to deal with the disaster aftermath for months or even years. Advance preparation and coordination with supporting agencies will facilitate problem solving and support family coping. Changes brought about by disaster experiences create a "new normal" for survivors.

Helpful strategies for adults to use following a natural disaster are listed below:

- Remain calm and reassuring;
- Acknowledge and normalize their feelings;

- Encourage children to talk about disaster-related events;

- Promote positive coping and problem-solving skills;

- Emphasize children's resiliency;
- Strengthen children's friendship and peer support; and

- Take care of your own needs and avoid using drugs or alcohol to feel better.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com or at www.schoolconsultationservices.com.*

EPIC FIRES OF FORT MYERS

How a Series of Early Fires Influenced the Town's Development



Available at
www.Amazon.com
www.OutSkirtsPress.com

THOMAS P. HALL
ROBIN C. TUTTILL, EDITOR

"More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams

University Opens A Home For Entrepreneurs

Florida Gulf Coast University's newest structure, a 27,000-square-foot, three-story paradise for the entrepreneurial-minded, recently opened as Lucas Hall.

"To have access to a building like this means I have a space to work in, a space where I can collaborate with my professors, a space where I can collaborate with my peers," said Andrew Morris, a senior in FGCU's Daveler & Kauanui School of Entrepreneurship.

Starting in late 2018, before it was elevated to a school within the university, the entrepreneurship program operated from FGCU's off-campus Emergent Technologies Institute. The opening of Lucas Hall enables entrepreneurship students to take all of their classes on the main campus for the first time.

"It's very meaningful because we're back home," said Sandra Kauanui, PhD, the school's founding director.

In addition to office space and classrooms, the \$10.4 million privately funded facility includes the FineMark National Bank & Trust Incubator, with shared workspaces, private conference rooms for mentors to meet with students, computers, a camera and audio recording equipment, and product and app development software. It also has direct access to expert faculty, staff and community startup coaches. Aimed at helping students create products for their



Lucas Hall

photo by James Greco

businesses, the Rist Family Foundation Maker Space contains 3D printers, a laser cutter and virtual reality development kits. Lucas Hall will also feature a media lab incorporating total lighting and sound control, backdrops, props and cinema-quality audio-video equipment.

The structure is named in honor of David Lucas, who gave the university a \$4 million challenge – kick-starting the campaign that fully funded the building through philanthropy. Lucas is one of FGCU's earliest and strongest supporters. He created FGCU's annual fundraiser, The Founder's Cup golf tournament, the David and Linda Lucas Center for Master

Planned Community Development and Finance Endowed Fund, and The Lucas Center for Faculty Development Endowed Fund.

"Entrepreneurship is what drives this country. It creates jobs. Small companies make a big difference," Lucas said. "The thing that I would like to be remembered for is the fact that I have been associated with many different organizations, charitable and business alike, that have had a positive impact in the community."

Since 2017, Kauanui built FGCU's entrepreneurship program from an institute to a school. With over 600 majors, the school is now one of The Princeton

Review's and *Entrepreneur* magazine's top 30 universities for undergraduate entrepreneurship studies. The school also just launched a new graduate program.

"Lucas Hall represents that entrepreneurship is here to stay, and it is going to infuse an entrepreneurial and innovative environment across Southwest Florida," Kauanui said.

The building is also home to the Small Business Development Center and FGCU's Regional Economic Research Institute. To learn more about FGCU's Daveler & Kauanui School of Entrepreneurship, visit www.fgcu.edu/soe.✱

Citizen Advisory Group To Meet

The next Citizen Advisory Committee (CAC) meeting of the Lee County Metropolitan Planning Organization will be held in Room 200 of the Cape Coral Public Works Building on Thursday, September 2 at 3 p.m.

Agenda topics for the meeting include approval of the Unified Planning Work Program Amendments, approval of the Aviation Priorities, approval of the Corridor Congestion Dashboard Scope of Services, approval of the General Planning Consultant Scope of Services, and information on the development of the 2050 Regional Model.

The Cape Coral Public Works Building is located at 815 Nicholas Parkway East in Cape Coral. For more information, visit www.leempo.com.✱

Directors Elected For Junior Achievement

Junior Achievement of Southwest Florida has announced its incoming board of directors, elected to serve through the end of June 2022.

They will be led by chair Jeff Fusco, Southwest Florida area executive for First Citizens Bank; immediate past chair Scott Fischer, CEO of Scott Fischer Enterprises; treasurer Tom Pitser, PIM manager at Robert W. Baird & Co.; secretary Suzanne Specht, small business consultant for Florida Small Business Development Center at Florida Gulf Coast University; and members-at-large Andrew Buschle, senior vice president for Bank of America Private Bank; Curt Todd, senior vice president and wealth advisor for Wells Fargo; Sean Friend, senior vice president and commercial relationship manager for Cogent Bank; and Gary Tasman, CEO and principal broker for Cushman & Wakefield Commercial Property Southwest Florida.

The board of directors also includes members Carlos Artime, director of career and technical education for Collier County Public Schools; Jason Brewer, market president for Truist Bank; Jason Duke, senior vice president of Morgan Stanley Wealth Management; Nancy Korista, vice president of human resources for Klocke of America, Inc.; Justin Land, chief investment strategist for Wasmer Schroeder Strategies at

Charles Schwab Investment Management, Inc.; Linda Maere, executive director of school support for the School District of Lee County; Sandy Stilwell Youngquist, owner of Stilwell Enterprises and Restaurant Group; Mathew L. Sheep, PhD, associate dean and professor of management for the Lutgert College of Business at Florida Gulf Coast University; Michael Traficante, shareholder for Grant Fridkin Pearson Attorneys at Law; and Earnest Wilks, senior vice president for Regions Bank.

"The support we receive from our board of directors is vital to the operations of our organization, and we could not be more honored to welcome our incoming 2021-22 members and executive committee," said Angela Fisher, president and CEO of Junior Achievement of Southwest Florida. "It's inspiring to see the leaders in our community dedicate their time to share their business experience and knowledge with the younger generation to help prepare them for future success."

The responsibilities of the elected board members of Junior Achievement of Southwest Florida include managing the organization's business, assets and activities, and the authorization of critical policies and practices. The board members will also be responsible for fulfilling key roles such as trusteeship and take charge of strategic planning, policy and evaluations, and resource development.

For more information, visit www.jaswfl.org, call 225-2590, or email info@jaswfl.org.✱

BECOMING A FLORIDA RESIDENT IS EASY!

ESCAPING YOUR FORMER STATE'S TAXING AUTHORITY IS THE HARD PART!

GET YOUR FREE GUIDE TODAY!

LEARN HOW STATES TRAP YOU EVEN IF YOU'VE DECLARED FLORIDA RESIDENCY!!

floridaestateplanning.com/escape



CRAIG R. HERSCH
Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA



MICHAEL B. HILL
Florida Bar Board Certified Wills, Trusts & Estates Attorney



HAYLEY E. DONALDSON
Wills, Trusts & Estates Attorney, CPA



SHEPPARD LAW FIRM
ATTORNEYS AT LAW
SHEPPARDLAWFIRM.COM

Main Office: Fort Myers | 9100 College Pointe Ct. Fort Myers, FL 33919
Sanibel & Naples by Appointment | 239.322.3831

Will Power

How To Treat Loans To Loved Ones In Your Estate Plan



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Many parents loan money to their children. Some expect payback, others don't. The loans might be for a down payment on a home, funds to start a business or, in many cases, ongoing support to help a child with money for necessities like food, clothing and shelter.

What to do about these loans in your will or trust? Should they be treated as part of the child's inheritance? Forgiven? Still in effect at your death, so the child must repay the estate? How you answer these questions is important. Even more so, how these provisions are drafted into your estate plan can

have an adverse economic effect on the child who makes the notes and, in some cases, rip sibling relationships apart.

As an example, I've recently come across several provisions that look like this; "Any loan that I've made to my daughter Jean shall be forgiven."

What's wrong with that? First, under our federal income tax law, when you forgive a loan to anyone, then the borrower (in this example, Jean) must recognize as taxable income the outstanding amount of the note. If the original note included interest, then the compounded unpaid interest plus principal becomes taxable income. An unpaid \$100,000 note bearing interest at 5 percent over 10 years compounds to \$164,710. If Mom writes in her will that she forgives this note, Jean must recognize that amount as taxable income.

Bad result. I've seen this not only in self-made wills, but also in wills and trusts drafted by attorneys.

What about loans that don't bear interest? The IRS has a rule that says the lender must impute interest on his or her tax return. The interest rate is calculated using the Applicable Federal Rate table that the IRS publishes every month. A non-interest-bearing note also poses difficulties in determining the ultimate distribution to the estate beneficiaries.

The better way to deal with loans is to give them back to the beneficiary/

borrower. In my example above, if Mom's will directs the personal representative to give Jean back her note, that is effectively a \$164,710 bequest. Now the issue becomes whether this is counted towards Jean's share. Assume that Jean has a brother, Tim. Mom's estate is \$500,000, which is to be divided equally. Jean does not have to recognize the note as taxable income (it's not forgiven – it's a bequest) but is silent as to whether the note should be counted as part of Jean's inheritance, then she and Tim each would receive \$250,000.

If, on the other hand, Mom's will directs the personal representative to treat the note as part of Jean's share, then Mom's total estate is \$664,710 (\$500,000 plus \$164,710). Each share is therefore \$332,355. Jean receives \$167,645 of cash and her note back. Tim gets \$332,355 of cash.

But let's further assume in a different example that at Mom's death, she has only \$100,000 of cash and nothing else. Should Tim get the entire amount? If Mom's will says nothing about the note, which is an asset of the estate, her total estate would be \$267,645 (the note plus the \$100,000). Here, each beneficiary gets half, \$133,822.50. For Tim to be treated fairly, he would get the entire \$100,000 and Jean should pay him \$33,822.50 from her own funds.

This example also stresses the importance of drafting proper promissory notes. I've seen many people do it on their own on a piece of paper. These notes often don't indicate whether interest is to be charged, when the note is to be repaid, whether interest is compounded, or how often it is compounded (monthly, annually?). In my example, Jean's note, if not compounded but is charged as "simple" interest, would be \$150,000 rather than \$164,710. Unpaid simple interest is not added to principal, as opposed to compounded interest, which is.

On the other end of the spectrum, what if Mom has a taxable estate, one where federal estate tax will be due. A promissory note is an asset of the estate. Should the note bear its proportionate burden of the estate tax? Typically, specific bequests ("I give Jean any promissory note that she has made with me" is an example of a specific bequest) do not bear the burden of estate tax but are taken "off the top" and charged against the decedent's exemption. Is this fair to the other beneficiaries?

Hopefully, after reading this, you see the importance of proper planning. These issues tend to rip families apart, especially when one child has received a disproportionate amount of money relative to her siblings. Poorly drawn promissory notes and estate planning documents can be a bad combination for everyone.

©2021 Craig R. Hersch. Learn more at www.floridaestateplanning.com.

Workforce Employer Survey Report For 2021

FutureMakers Coalition has released its 2021 Workforce Employer Survey Report.

FutureMakers Coalitions' goal is to transform Southwest Florida's workforce by increasing the percentage of working age (25 to 64 year old) adults that hold post-high school credentials to 55 percent by 2025.

One hundred organizations responded to the survey. Lee County had the highest concentration (75 percent) of the responding businesses operating among the five southwest Florida counties.

Among the responding organizations, 81 percent are small businesses with 99 employees or less.

Highlights of the report include:

A large proportion of surveyed organization (79 percent) reported that they are very likely or likely to prioritize recruiting and hiring new, qualified employees in 2021.

A greater percent of large organizations (95 percent) responded very likely or likely that recruiting and hiring qualified employees is a priority compared to 72 percent of the small organizations in the survey.

83 percent of the Southwest Florida employers replied that it is very likely or likely that improving the training of new or existing employees will be a priority in 2021.

There was a minimal difference between large and small organizations,

89 percent versus 80 percent, respectively, that improving training is a priority.

64 percent of the organizations indicated that they would pay a higher starting salary to potential employees who have a post-high school credential/degree, certificate, or industry-recognized certification. The proportions of large and small organizations reporting "Yes" to paying higher starting salaries were similar, 53 percent and 61 percent.

A large proportion of the organizations (76 percent) reported that in addition to an employee's salary, the organization offers additional employee benefits with large and small organizations providing similar responses, 74 percent and 65 percent.

The most offered benefits included health benefits (81 percent), personal time off (81 percent) and paid vacation (81 percent).

A small majority of the organizations (52 percent) partners or collaborates with one or more of Southwest Florida's educational institutions to assist in finding, recruiting and/or training qualified employees. A greater proportion of large organizations (63 percent) reported partnerships or collaborations with educational institutions compared to 41 percent of small organizations.

"We will continue to analyze the survey data and publish new results in the FutureMakers Coalition newsletter to hopefully provide new insights into the needs of the region's employers and ensure education partners can leverage this information to increase the pool of qualified workforce," said Tessa LeSage,

FutureMakers Coalition director. "The results provide valuable information as Southwest Florida returns to normal after the challenges that COVID presented during 2020."

The full report is available at www.futuremakerscoalition.com.

Gymnast Earns Scholastic Honors

Fort Myers native Lexi Graber, a member of the University of Alabama gymnastics team, was recently named a 2021 Scholastic All-American.

Graber is a current NCAA champion and is among 14 gymnasts from the University of Alabama to earn individual Scholastic All-America honors, according to the Women's Collegiate Gymnastics Association (WCGA). The school's gymnastics squad was named a 2021 Scholastic All-America team.

The Crimson Tide, which finished fifth in the nation last season, was one of just four teams to advance to the 2021 NCAA championships semifinals to also post a team grade point average of 3.6 or better, earning a 3.61. It also marks the 16th year in a row that Crimson Tide gymnastics has posted a team GPA of 3.4 or better.

From page 1

Concerts

guitarist Zeb Snyder. Abernathy, VanCleve and Webb were born and raised in Appalachia. Abernathy sang

in his church as a young boy, VanCleve has played the fiddle since he was 6 years old and Webb grew up with the influence of bluegrass music from his father.

The group's music tells stories from the mountains and valleys of North Carolina and Virginia, and the coal mines of West Virginia and Kentucky. Those stories include topics of logging, coal mining, trains and lost love in their hit songs, such as the gospel-esque *I Am Just a Pilgrim* and *Little Black Train*, the kick-up-your-heels *Dance, Dance, Dance*, and the ballad of love and loss in *Anna Lee*. The performance is more than just a concert and includes telling the stories behind the songs.

The band's first album had three No. 1 songs on the *Bluegrass Today* Weekly Airplay Charts. Then, in 2019, the band was nominated for the New Artist of the Year and Song of the Year (*Dance, Dance, Dance*) at the International Bluegrass Music Association Awards.

Food and beverage vendors will have refreshments available for purchase. No coolers permitted; bring a lawn chair. Free parking is available in the main Edison Ford parking lot at 2350 McGregor Boulevard.

Individual tickets purchased in advance are \$30 for Edison Ford members or \$35 for non-members; tickets at the door will be \$40. A new VIP seating area will be open and may be reserved by the table for \$225.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. To purchase tickets online, visit www.edisonford.org.

Superior Interiors

How To Bring A Room Together



by Jeanie Tinch

A room in your home can be full of furniture and still feel incomplete. It's simple to get caught up in filling the space and forget to pay attention to the fine details that bring everything together.

Filling that void doesn't have to be difficult, just apply a few of these simple tips.

Add a splash of color – There's nothing wrong with neutral décor. A living room that's filled with warm tones of brown, tan and driftwood is cozy and inviting. But it can also feel dull without a splash of color. To knock the perception, Apartment Therapy suggested adding subtle accents throughout the space. Shades like frosted blue or leaf green complement neutral tones well, so consider these hues for your drapery, throw pillows or other home accessories.

Throw down an area rug – Take a look at your floors. Do they seem bare? It's nothing an area rug can't fix. And this doesn't only apply to hardwood flooring – your carpets can benefit from a rug, too. This is one of the easiest ways to add depth to your space. By placing a floor covering in the middle of the room, you can bring those staple pieces of furniture together and make the space more cohesive.

Place throw pillows on the furniture – Throw pillows make a comforting statement on any piece of furniture. They don't have to match in order to bring the room together, so be creative. We recommend choosing mismatched colors, shapes and textures to give your living room character. Just be sure to keep your overall color palette in mind to avoid creating visual chaos.

Bring your walls to life – Adding color to your walls isn't the only way to bring them to life. You have other options. Consider an accent wall with decorative wallcovering, or create your own gallery by hanging your favorite pieces of art. Much like the throw pillows, this wall doesn't

have to be uniform, you can hang frames of all shapes and sizes as long as you can find a way to streamline the arrangement.

Hang drapery of the proper length – Dressing your windows in the perfect drapery will bring your space together, but you need to choose wisely. It's all about picking the right length. Long window treatments allow your eyes to adjust from the walls to floor with ease. Short shades that stop at the foot of the window may seem like the right choice, but it can make or break the flow of your entire room.

Keep your bookshelves in order – Unorganized bookshelves will only make your rooms seem chaotic. Bring your space together by shaping up those shelves of yours. Maybe you'll organize your books by color, shape and size. Or, perhaps you'll make it much more than a bookshelf by weighing your novels and magazines down with decorative accessories, which adds a diverse yet constructed touch to the system.

Perfect your lighting – Proper lighting is crucial, no matter what room you're in. Choose fixtures that can bring your rooms together with ease. A chandelier above the dining table makes a sophisticated statement, while dim-lit floor lamps can make your living room as comfortable as can be.

See? Making your rooms more cohesive is easy. It's all about fine tuning simple details. If you're ready to give you space some attention, just reach out to a design professional. He or she will help you incorporate these tips into your design scheme to create a room that's cozy and inviting.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindceden.com.✱

New Flights To Fort Myers

Avelo Airlines will begin service to Southwest Florida International Airport (RSW) in November. Avelo will bring the first nonstop service between New Haven, Connecticut (HVN) and RSW on November 11. The flights will operate twice a week on Thursdays and Sundays utilizing a 737-700 aircraft.

To book a flight or find out more information, visit aveloair.com. For more information, visit www.flylcpa.com or www.facebook.com/flyrsw.✱



From left, SRMA Executive Director Rob Harris, SRMA/Florida Makes Business Advisor David Ferguson, MY Shower Door/D3 Glass owners Bill and Donna Daubmann, and SRMA board member Joseph Janoschka photo provided

Dual Event Planned For Manufacturers

Southwest Regional Manufacturers Association (SRMA) will hold a dual event – including networking, Industry 4.0 Seminar, catered lunch and plant tour of the host headquarters – at MY Shower Door/D3 Glass on Friday, September 24 at 10:45 a.m.

"It's time to get back to face-to-face events that help to connect our manufacturers and assist them with smart

growth as they look towards the future," said SRMA Executive Director Rob Harris.

David Dragon of FloridaMakes will present content explaining what Industry 4.0 is, why manufacturers need to be researching it now and what will happen if they ignore it. Lunch is sponsored by Addman Engineering. After lunch, Bill Daubmann and his staff will take attendees on a plant tour.

Registrants may attend either or both events. To register, visit www.sрма.net or email info@srma.net.

MY Shower Door/D3 Glass is located at 16431 Domestic Avenue in Fort Myers.✱

CARING MEDICAL FLORIDA
& THE HAUSER NECK CENTER3 UNIQUE SPECIALISTS IN REGENERATIVE
& CHIROPRACTIC MEDICINE TREATING:

- CERVICAL SPINE DISORDERS
- CHRONIC NEUROLOGICAL SYMPTOMS
- JOINT AND SPINE PAIN
- OSTEOARTHRITIS
- POST-SURGICAL JOINT PAIN
- SPORTS INJURIES



9738 Commerce Center Ct., Fort Myers, FL 33908 | (239) 308-4725 | CaringMedical.com

ISLAND
INSURANCE
SERVICEMark O'Brien
Owner/AgentSusan Barnes
Personal LinesTrish Barbone
AgentJustin Wheeler
Agent

Call our office today
for a new Auto
quote.

We are **HERE**
for all your insurance needs

Have an insurance question?

703 Tarpon Bay Rd, Sanibel, FL (239) 472-3022

Frankly Speaking



by Howard Prager

A lot of numbers today from baseball, COVID-19 and Olympic stories. It's all here.

500 – The club is magical in baseball. There are only 28 players who have hit at least 500 home runs and most are

in the Hall of Fame. Welcome Miguel Cabrera, the 38-year-old Tigers shortstop and the first Venezuelan, to be the latest to accomplish this feat. “It’s something special for my country, my family, to be able to do this,” he said afterwards. His next goal? Be one of only six players to get 3,000 hits and over 500 home runs and be the first to achieve those milestones in the same season. He has 2,950 hits, so that’s certainly possible if he stays hot over the next month.

40 – While a bit less magical, 40 is still an impressive number of home runs in one season. Shohei Ohtani is already there. With just over a month to go, is 50 possible? And to go along with that, what about double digits in victories? The

Shohei watch is on, and it makes watching the Angels, who don’t appear to be headed into the postseason, exciting.

13 – The unlucky number is the new record number of straight losses for the once mighty Chicago Cubs at the not-so-friendly confines. In the meantime, Baltimore is at 18 straight losses and climbing (or lowering, as the case may be) the major league lead in such statistics for this season.

100 percent – The entire roster of players and staff on the Ole Miss football team – over 240 people – who are now 100 percent vaccinated, the first college program to do so. Another example of an SEC school leading the way in a state that has one of the lowest vaccination rates. Hopefully their actions will inspire many more to follow suit.

Big 3? – The ACC, Big Ten and Pac 12 continue to have talks about some type of alliance. A super conference? Sharing strategies? We’re not sure what it will lead to, but the conversations continue as they try to stay ahead of the SEC, which is growing itself into a super conference by adding Texas and Oklahoma in a few years.

0 – That’s how many fans the University of Hawaii is allowing into their stadium this year as the Delta strain of COVID-19 has hit Hawaii hard. I’m sure we’ll see other restrictions in stadiums again this fall as the Delta variant

increases.

3 – The number of NFL preseason games this season. This weekend is the final preseason tune-up, other than the Cowboys and Steelers who added a 4th game against each other. This is in part because the NFL added a 17th game in the season. Got that? Three, 17, and two with 4. Hike!

Unlimited potential – That’s the opportunity for college athletes on scholarship to now earn money. For example, AP reported that several athletes who are artistic can now legitimately sell their art and music under their own names. Will Ulmer is an offensive lineman for Marshall. He’s also a singer who can do paid gigs. Lexi Sun is a volleyball player for Nebraska who likes to design sports apparel. Her line sold out quickly in a deal with Ren Athletics. She also struck a deal with Nebraska-based jeweler Borsheim’s, a favorite of my late sister-in-law Elyce.

58 – Age is just a number says Sportco about Abdullah Al-Rashidi of Kuwait. “The 58-year-old defied all the odds and obstacles that were against him to claim the bronze medal in the skeet shooting event in Tokyo. With Kuwait being suspended by the IOC, the 58-year old had to compete under the independent country category. But he wasted no time in wrapping himself with the Kuwaiti flag even though it was against the protocols. After all, it is about unity. Abdullah

Al-Rashidi also managed to create history at the 2016 Rio Olympics by claiming bronze in the same event, and he made his intentions quite clear that he is not yet ready to hang up his boots.”

5 – Freestyle swimmer Ahmed Hafnaoui of Tunisia created history by claiming the nation’s fifth Gold medal in another Sportco Olympics story. “The 18-year old was no contender for the podium and he just narrowly edged past in the qualifications. However, Hafnaoui was seen in great form and as smooth as ever as he raced past his opponents at the finals of the 400-meter event. The underdog overhauled the hot favorites Jack McLoughlin of Australia and Kieran Smith of the U.S.A. This was one of the most inspiring stories of the Tokyo Olympics 2020 as the 18-year-old proved to the world what dedication could bring about on the biggest stage. The likes of faster swimmers was not only the challenge that the teenager had to overcome but he was also allotted a tricky end lane. However, the spirited youngster overcame all the obstacles to imprint his name in the history books as the youngest Tunisian to win a gold medal.”

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.✱

High School Fishing Program

The Florida Fish and Wildlife Conservation Commission’s (FWC) 2021-22 High School Fishing Program offers high school fishing clubs or teams the opportunity to teach fisheries conservation, practice fishing skills and apply for the Florida R3 Fishing Grant Program. This grant program is focused on recruiting new anglers to ensure the future of fishing in Florida.

The Florida Sport Fish Restoration R3 Fishing Grant will award up to 30 high school fishing clubs or teams \$500 this year to assist with club expenses and the purchase of fishing licenses or gear for participants. Participating clubs and teams will receive an updated educational curriculum comprised of lessons and activities on fisheries conservation and resource management, plus a chance to win prizes by completing a conservation project.

The grant program is open to freshwater or saltwater fishing clubs or teams at public, private and charter high schools throughout Florida. To be considered for the grant, high school fishing clubs or teams must have a minimum of five members and be represented by a school faculty member or parent who will follow the provided instructor’s manual.

For the grant application, visit www.myfwc.com/hsf and scroll down to “Florida’s R3 Fishing Grant Program.” Submit on the webpage or download and submit by email to r3fishing@myfwc.com or mail to FWC’s Division of Freshwater Fisheries Management, Attn: High School Fishing Grant, 620 South Meridian Street, Tallahassee, Florida 32399. The deadline for submitting applications is Friday,

September 17 at 5 p.m.

If you have questions or would like to partner with the program, contact Brandon Stys at brandon.stys@myfwc.com or 850-274-2606.✱

Basketball Classic Tickets On Sale

Tickets are on sale for the nation’s number one high school boys basketball tournament. The 48th Culligan City of Palms (COP) Classic will be held at the Suncoast Credit Union Arena from Friday, December 17 through Wednesday, December 22 on the campus.

With the cancellation of last year’s event amid the pandemic, tournament organizers are anticipating higher than average attendance and making tickets available nearly two months earlier than usual. Fans of the tournament have gone almost two years without seeing the top teams and players compete in the long-running event.

The tournament features top teams from across the U.S. and Canada, including at least six of the top teams and nearly 20 of the top players in the nation participating in the annual holiday event.

National and COP champion Montverde Academy will be defending their title, while 2019 COP runner-up IMG Academy will attempt to dethrone them. They’ll be joined by 24 other powerhouse teams in Fort Myers.

Classic Basketball Inc. is a 501(c)3 not-for-profit corporation that acts as a foundation for the tournament. No fees are collected from the players or teams. For many of the players, the tournament is the first opportunity to ever travel outside of their hometown.

Culligan returns for its eighth year as

title sponsor, with the North Law Firm and Millennium Physician Group as presenting sponsors.

To purchase tickets, call the box office at 481-4849 or 1-800-440-7469 Monday through Thursday, 10 a.m. to 5 p.m., visit the Barbara B. Mann box office, or visit www.cityofpalmsclassic.com/tickets.

Suncoast Credit Union Arena is located within Florida SouthWestern State College (FSW) at 8099 College Parkway in Fort Myers. For more information, visit www.cityofpalmsclassic.com.✱

Charity Golf Tournament

The Knights of Columbus from the St. John XXIII parish will host their second annual charity golf tournament at The Forest Country Club

on Friday, October 29. Registration starts at 8:30 a.m. with the golf scramble beginning at 10 a.m.

Last year’s event raised \$3,000 for charitable causes, and tournament organizers are looking forward to another successful year.

Entry fee is \$150 per golfer and includes dinner and an award ceremony. Dinner tickets are also available for \$35. Sponsorship levels start at \$100.

Funds from the golf tournament will benefit local not-for-profit organizations including Golden PAWS Assistance Dogs, Hope Hospice, Special Equestrians and St. Martin De Porres Outreach.

The Forest Country Club is located at 6100 Club Blvd SW, Fort Myers. For more information on the local council and golf tournament, visit www.kc23.org.✱

SPORTS QUIZ

1. Boca Juniors, Independiente, Racing, River Plate and San Lorenzo are soccer clubs competing in what South American country?
2. Name the Chicago Cubs centerfielder who stopped two protesters from burning an American flag in the outfield at Dodger Stadium in April 1976.
3. What team selected Florida State running back Sammie Smith in the first round of the 1989 NFL Draft?
4. Karsten Solheim, who began making putters in his garage in 1959, founded what golf equipment company?
5. What boxer, nicknamed “The Mongoose,” held the world light heavyweight title from 1952-62?
6. Before his NFL career, Flozell Adams won the Big Ten Offensive Lineman of the Year in 1997 as a member of what team?
7. What Pittsburgh Pirates first baseman struck a Milwaukee Brewers Famous Racing Sausage mascot with a bat during a game in July 2003?

ANSWERS

1. Argentina. 2. Rick Monday. 3. The Miami Dolphins. 4. PING. 5. Archie Moore. 6. The Michigan State Spartans. 7. Randall Simon.

Doctor and Dietician

Health Benefits Of Music



by Ross Hauser, MD
and Marion Hauser, MS, RD

The doctor and the dietitian are opposites in many things, including their musical tastes. Marion always loved classical, jazz and easy-listening music, where Dr. Hauser listened to rock, show tunes, Disney and a wide array of loud music. However, in the last few years, Dr. Hauser has come to realize the health benefits of Marion's type of music.

Studies have shown physical and mental health benefits of listening to your favorite tunes. Music can reduce pain due to the fact that the same neural pathways in the brain that process pain also process music. Concentrating on tunes and even humming uses up some "bandwidth" that pain would occupy. Marion experienced this because when she received prolotherapy injections and other treatments after her bicycling crash, she listened to her favorite music in the treatment room, and she and the staff would sing during the treatments to help her through them.

Learning to play music can build new neural pathways that will help strengthen the brain as you age. Professional musicians are known to have more grey matter than non-musicians. Another reason is that it is a great idea to get your kids playing a musical instrument at a young age. It also gets them off their devices and stimulates their brains.

We read another study on the "neurochemistry of music" which revealed music improved immune function by increasing IgA antibodies that fight infections. The study also found that cortisol levels (stress hormone) were reduced, leading to lower incidence of headaches, high blood pressure and overall improved health. In our office, we measure HRV (heart rate variability) under various stressors and find that loud music worsens it, where quieter music improves HRV.

We love this fun fact called "The Mozart Effect." This is a somewhat controversial term from Rauscher et al. in 1993 that claimed listening to Mozart's music could make a person more intelligent. The effect has been attributed to short-term improvement in performing mental tasks that require spatial reasoning skills. Researchers said playing Mozart stimulates brain development, improves IQ and spurs creativity in children. Some believe it is beneficial to play Mozart during pregnancy to improve babies' IQs! Music has been shown to reduce symptoms of anxiety and produce calm in anxiety-producing situations such as giving birth, preparing for a talk, or undergoing a medical procedure.

So, what is the healthiest music to listen to? It depends on what you want to accomplish. Listening to music while working can help stimulate the senses and start those creative juices flowing. Productivity experts say that pop songs and music with lyrics can be distracting because we may start focusing on the words of the songs. Other studies have shown that this type of music could also impede reading comprehension and processing skills. Conversely, others say that they crank up pop music loudly and it forces them to concentrate more on their work. We all know that if we hear one of our favorite songs, sometimes we are stimulated to just get up and dance. This is not necessarily a bad thing, right? Some of us need to get up out of our chairs.

Studies show that instrumental music is optimal when trying to accomplish cognitive work such as writing reports or doing taxes. Some say classical music can help people perform tasks more efficiently and improve concentration, where others say that instrumental movie scores get people into the productivity mood faster. Either way, experts state that we should choose music that is enjoyable but not too familiar to the point of distraction. One-size does not fit all. If classical is not your cup of tea, listening to ocean sounds, babbling brooks, or waterfalls have also been shown to reduce stress, improve concentration, make decisions and problem-solve.

Interestingly enough, you will now hear classical, jazz, worship, or calming music being played in the Hauser household. Imagine that? Here's to your health.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

include four lessons with USATT-certified and SafeSport trained instructors Purvi Naik and Anay Naik. A study published in the American Academy of Neurology recently showed that ping pong, or table tennis, may improve rigidity, slowness, mood and cognition. Further research is underway to confirm the findings.

Pre-registration is required. For more information or to RSVP, contact pdevents@hopehcs.org or call 425-9886.*

dearRPharmacist

Ivermectin And Natural Alternatives



by Suzy Cohen, RPh

Dear Readers: The drug Ivermectin was first discovered in Japan, and was FDA approved in the late 1970s.

This medication is prescribed by

doctors to treat roundworm, and other worm or parasite infections. The drug is especially helpful for those who have a weakened immune system and intended to "reduce the risk of developing a severe or life-threatening infection." This is an infection that causes various types of abdominal problems including cramps, diarrhea or constipation (or alternating bouts of each), persistent gas, weight loss, cough, wheezing, flu-like symptoms and increased eosinophils in the blood. There are other worms that infect people too, such as the tapeworm, whipworm, hookworm and others.

Ivermectin belongs to a class of drugs called anthelmintics. The drug has become rather controversial as of late due to several studies pointing to its impact on cytokines and ability to reduce complications from respiratory diseases. Interestingly, there are topical formulations that can be ordered for scabies, pediculosis and rosacea.

If prescribed for you, take ivermectin on an empty stomach with a full glass of water, approximately one hour before a meal or two hours afterwards. Ivermectin is sometimes given as a single dose, but some doctors suggest taking another pill several weeks later, or sometimes several months later. The side effects that are most common include headache and dizziness, nausea or mild stomach upset, diarrhea and

muscle aches.

Here are some natural alternatives you can talk to your physician about. Remember, never self-treat a serious condition and only make changes to your medication/supplement regimen with your physician's blessings. In no particular order:

Andrographis paniculata – Helps control larvae production and blocks eggs from hatching in certain cases.

Wormwood – Very often wormwood is the main ingredient in a parasite cleanse because it has a broad spectrum of killing action.

Black Walnut – This herbal anti-parasitic is very strong and commonly sold as a commercial tea in health food stores.

Clove – This contains eugenol, which may help reduce worm burden. **Oregano** is another spice I highly recommend.

Juniper – I diffuse juniper essential oil in my aromazer. It contains the anti-parasitic compound called "tatarol."

Green Tea – EGCG is the main compound in this, which kills parasites.

Olive Leaf Extract – There is some evidence to suggest that oleuropein, the main active ingredient in olive leaves, can target giardina, pinworm and roundworm. Eating olives is not the same as supplementing.

Neem – considered an anti-parasitic by some, and often used in gastrointestinal (GI) supplements

In summary, there are a lot of plant-based agents available to us if we want to target parasites. That said, none of these work exactly like Ivermectin, nor am I suggesting that you take these instead of your medication. If you are taking a GI drug for a disorder that requires treatment, please take this seriously and do not substitute natural remedies for what your physician has prescribed for you. If you'd like to learn about more natural anti-parasitics, sign up for my free newsletter at www.suzycohen.com.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Foundation Awards Grant To Food Bank

Midwest Food Bank (MFB) Florida has been awarded a generous grant by Simply Healthcare Foundation, which is a philanthropic branch of Anthem Inc. This is in support of the food bank's faith-based mission providing food relief throughout the Fort Myers area and across the state of Florida.

This partnership allows for the Simply Healthcare Foundation to continue to provide innovative solutions to health care issues by working with MFB Florida to share nutritious food and support to hungry people in need.

Thirty percent of the food distributed by Midwest Food Bank Florida to its 172 nonprofit partner agencies is fresh, nutritious produce, dairy and protein products.

In 2020, the Simply Healthcare Foundation contributed more than \$600,000 to support COVID-19 relief efforts across Florida to address food insecurity, basic human services, personal protective equipment and medical supplies, technology, and social and emotional wellness.

"We are thankful for the support of the Simply Healthcare Foundation which allows us to further our efforts of providing healthy food relief to those in need," said Kelly Apfel, marketing and development manager of MFB Florida.

For more information about MFB Florida, visit midwestfoodbank.org/florida.*

Workshop For Parkinson's

The Hope Parkinson Program is conducting a ping pong workshop for those living with Parkinson's disease (PD). Lessons will be held at the Estero Park and Recreation Center every Saturday in September at 2 p.m.

As a fun-filled way to improve symptoms of PD, the workshop will



- Emergency 911
- Lee County Sheriff's Office 477-1200
- Florida Marine Patrol 332-6966
- Florida Highway Patrol 278-7100
- Poison Control 1-800-282-3171
- HealthPark Medical Center 1-800-936-5321
- Ft. Myers Chamber of Commerce 332-3624
- Foundation for Quality Childcare 425-2685
- Fort Myers Beach Chamber of Commerce 454-7500
- Fort Myers Beach Library 463-9691
- Lakes Regional Library 533-4000
- Lee County Chamber of Commerce 931-0931
- Post Office 1-800-275-8777
- Visitor & Convention Bureau 338-3500
- ARTS
- Alliance for the Arts 939-2787
- Arts For ACT Gallery & Studio 337-5050
- Art League Of Fort Myers 275-3970
- Barbara B. Mann Performing Arts Hall 481-4849
- BIG ARTS 395-0900
- Broadway Palm Dinner Theatre 278-4422
- Cultural Park Theatre 772-5862
- Edison Festival of Light 334-2999
- Florida Repertory Theatre at the Arcade 332-4488
- Florida West Arts 948-4427
- Fort Myers Harmonica Band 610-653-7940
- Fort Myers Symphonic Mastersingers 288-2535
- Gulf Coast Symphony 489-1800
- Harmony Chorus, Charles Sutter, Pres 481-8059
- Naples Philharmonic 239-597-1111
- The Schoolhouse Theater 472-6862
- SW Florida Symphony 418-0996
- Theatre Conspiracy 936-3239
- Young Artists Awards 574-9321
- CLUBS & ORGANIZATIONS
- American Legion Post #38 239-332-1853
- Angel Flight 1-877-4AN-ANGEL
- Animal Refuge Center 731-3535
- American Business Women Association 357-6755
- Audubon of SWFL <https://www.audubonswfl.org/>
- Caloosahatchee Chapter DAR 482-1366
- Caloosahatchee Folk Society 321-4620
- Cape Chorale Barbershop Chorus 1-855-425-3631
- Cape Coral Stamp Club 542-9153
- duPont Company Retirees 454-1083
- Edison Porcelain Artists 415-2484
- Embroiderers Guild of America - Sea Grape Chapter 239-267-1990
- FM UDC Chapter 2614 728-3743
- Friendship Force Of SW FL 561-9164
- Garden Club of Cape Coral 239-257-2654
- Horticulture and Tea Society 472-8334
- Horticultural Society 472-6940
- Lee County Genealogical Society 549-9625
- Lee Trust for Historic Preservation 939-7278
- Navy Seabees Veterans of America 731-1901
- Paradise Iowa Club of SWFL 667-1354
- Sons of Confederate Veterans 332-2408
- Southwest Florida Fencing Academy 939-1338
- Southwest Florida Music Association 561-2118
- Kiwanis Fort Myers Beach 765-4254 or 454-8090
- Kiwanis Fort Myers Edison 694-1056
- Kiwanis Fort Myers South 691-1405
- Iona-McGregor 482-0869
- Lions Club Fort Myers Beach 463-9738
- Lions Club Fort Myers High Noon 466-4228
- Lions Club Estero/South Fort Myers 898-1921
- Notre Dame Club of Lee County 768-0417
- Organ Transplant Recipients of SW Florida 247-3073
- POLO Club of Lee County 477-4906
- Rotary Club of Fort Myers 332-8158
- Sanibel-Captiva Orchid Society 472-6940
- United Way of Lee County 433-2000
- United Way 211 Helpline (24 hour) 211 or 433-3900
- AREA ATTRACTIONS
- Bailey-Matthews National Shell Museum 395-2233
- Burrough's Home 337-9505
- Calusa Nature Center & Planetarium 275-3435
- Edison & Ford Winter Estates 334-7419
- Fort Myers Skate Park 321-7558
- Imaginarium Hands-On Museum & Aquarium 321-7420
- JN "Ding" Darling National Wildlife Refuge 472-1100
- Koreshan State Historic Site 239-992-0311
- Langford Kingston Home 239-334-2550
- Ostego Bay Foundation Marine Science Center 765-8101
- Skatium 321-7510
- Southwest Florida Historical Society 939-4044
- Southwest Florida Museum of History 321-7430
- True Tours 945-0405

To be listed in calling card email your information to:
press@islandsunnews.com

PUZZLES

Answers on page 23



"First, Miss Hubble, you must learn to
_____."

SCRAMBLERS

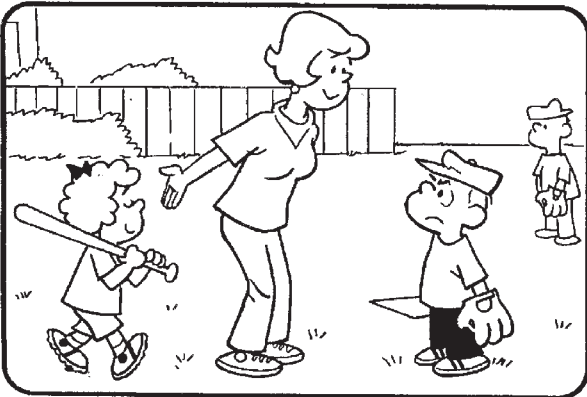
Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

- Deparfed
- EXDIET
- Novelty
- FILTER
- Paltry
- AMERGE
- Gear
- CHATTER

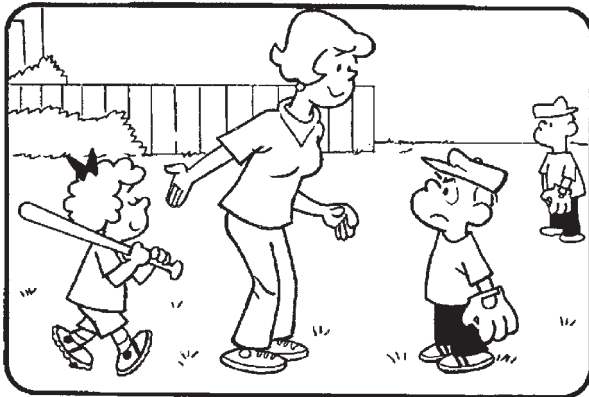
TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Bow is missing. 2. Hedge is missing. 3. Pants are different. 4. Base is missing. 5. Arm is shorter. 6. Fence is shorter.

	1			9			4
		6		5		3	
9			3		7		
		8			3	4	
	3		6				8
2				4	1		
	7		5				2
		4		6		1	
5				8	9		

To Play
Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 23

Super Crossword

CONTRIBUTING EDITOR

- ACROSS

1

Puck surface

4

Transparent

9

Nick of "Weeds"

14

Urged (on)

19

Source of bean curd

20

Figure skater Sonja

21

Luau "hello"

22

Thousand: Prefix

23

Soft leather sewn over fabric tears?

26

Poker entry fee

27

Elevate

28

USMC rank

29

Tabby that's a national government's mascot?

31

Peace Nobel

32

Sounded like a cow

34

Antarctic penguin

35

Enticingly beautiful mugs?

40

Braininess

43

How distant stars shine

44

White-rayed flower

47

Trevor of "The Daily Show"
- 48

Port on the Gulf of Mexico
- 52

Poet Doolittle who did all of her writing in her boudoir?
- 55

Caspian Sea feeder
- 56

"Don't leave!"
- 59

Easily spread cheese
- 60

Put decorations on your phone, then dial someone's number?
- 66

Ticked by
- 71

Warrant
- 72

Wearing a fancy crown
- 74

Verdi opera
- 75

Maker of Galaxy phones
- 77

Crustacean that's most active just before sunup?
- 79

"Exile" New Age artist
- 81

Falco with four Emmys
- 82

Notion, in Nantes
- 83

Black hole sucking in everything around it?

90

People lamenting

93

\$\$\$ spitter-outers

94

Like clipped sheep

95

Consumers

97

Tooted

100

Smug

106

Having its petroleum imported, as a nation

109

Cosmic path

110

"My treat!"

111

Subtract the cost of an adhesive roll?

115

Bruin Bobby

116

Red-eyed songbirds

118

Actress Donovan of "Clueless"

119

Shopping containers holding more sinful items?

122

Salk of the Salk vaccine

123

Modify

124

Cliff nest

125

Luau gift

126

Viewpoint

127

Insolent

128

Norwegian money

129

Reno-to-L.A. dir.

DOWN

1

Emanates

2

Duo

3

Lashes' base

4

See 87-Down

5

Shoved off

6

Rocker Brian

7

Use a fan on

8

Steinbeck novella, with "The"

9

"Platoon" war zone, in brief

10

Snowman in "Frozen"

11

Box in an opera house

12

Silents star

13

Mollified

14

Mummify

15

Former New York City mayor Rudy

16

Antifreeze compound

17

Kazan of film

18

By — of (owing to)

24

God, to Henri

25

Baldwin of "Still Alice"

30

Apt., e.g.

32

Brunch quaff

33

"My man!"

36

Roman 401

37

Quirky habit

38

Brake part

39

Male title of respect

41

Smidgen

42

"— Na Na"

45

Bawl

46

Days of old

48

Lipstick units

49

Action venue

50

Female title of respect

51

Ancient Roman lower class

52

Via automobile

53

Director Forman

54

Moor shrub

57

It blasts

58

Take — (swim or bathe)

61

Given a hint

62

Singer Loggins

63

"Rules — rules"

64

Worker filling a cargo hold, say

65

Spearhead

67

Great risk

68

Begin to fail

69

Bugs bugger

70

Ninnies

73

Imbiber's hwy. offense

76

P.E. places

78

Most recent

80

"Makes sense now"

83

Chitchat

84

Map no.

85

Editing

86

Adoption of a cause

87

With 4-Down, cooking reality series

88

Uno tripled

89

Prefix with spore

91

Dadaist Jean

92

Prefix with thermal

95

Toni

96

Swizzle stick

98

Totally cover

99

Speck

101

Yank who wore #13

102

Wine stopper

103

Genuflects

104

Overplays it

105

Actress O'Shea

107

"— the best of times ..."

108

Boxer Ali

111

— vu

112

University in North Carolina

113

Agts.' cuts

114

Just makes, with "out"

116

Narcissistic

117

"Makes sense now"

120

Suffix with cook or mock

121

"My man!"

1	2	3		4	5	6	7	8		9	10	11	12	13		14	15	16	17	18
19				20						21							22			
23				24						25							26			
27								28								29				
31																				
35																				
48	49	50	51																	
55																				
60																				
71																				
75																				
83	84	85	86																	
93																				
97																				
111	112																			
118																				
122																				
126																				

King Crossword

- ACROSS

1

Soviet space station

4

Dance move

8

Actress Fisher

12

— out a living

13

Abode

14

Punch

15

Shares with followers on social media

17

Fury

18

MSN rival

19

Fuming

21

Cop's badge

24

Flamenco cheer

25

Triumphed

26

Half a dozen

28

Travels by jet

32

Throat clearer

34

Jewel

36

Early Peruvian

37

Cleaning agent

39

Fawn's mom

41

Junior

42

Carried out

44

French cathedral city

46

Tea urn

50

Business mag

51

Pressing thing?

52

"The Handmaid's Tale" author

56

King of the
- 7

Green sauce
- 8

Haifa native
- 9

Bridge coup
- 10

Olympic sled
- 11

On in years
- 16

Misery
- 20

Sprite
- 21

Clear the decks?
- 22

Jolly laugh
- 23

Use a shovel
- 27

Deleted
- 29

Behind closed doors
- 30

Nobel Prize subj.
- 31

Without

33

"Material Girl" singer

35

Extinct bird

38

VII doubled

40

Asylum seeker, perhaps

43

Titled women

45

— jiffy

46

Sediment

47

"Carmen" solo

48

Disposition

49

Sitarist

53

Roulette bet

54

Before

55

Levy

DOWN

1

Sea, to Henri

2

Mamie's man

3

Lawyer's fee

4

Beach souvenirs

5

Water tester

6

911 responders

MAGIC MAZE ● "PEANUTS" CHARACTERS

N X V Y N K S Q N K I F D A X
V I T Q T A C A O M J H F C A
Y W L U R T E O D P N S L J H
F D U K B Z A J T E X C V T R
Q O C (S N O O P Y) S I H M K I
H F Y L L A S M M G D R D B Z
Y W V T R U R R A R G O F Q O
N L K O N E E F R I H E O F D
C A D I H R Z X C W V D P W U
S U L S U R Q P I G P E N O N
E M K N W O R B E I L R A H C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: PEPPERMINT —

- Charlie Brown

Linus

Pig-Pen

Shermy
- Eudora

Lucy

Rerun

Snoopy
- Franklin

Marcie

Sally

Woodstock
- Frieda

Peggy Jean

Schroeder



Mango Ice Cream



Mango Ice Cream
2 mangoes, diced small
2 ½ cups sugar
6 cups whole milk
2 cups heavy cream
16 egg yolks
1 vanilla bean, split lengthwise
½ stick unsalted butter
⅓ cup dark brown sugar
½ teaspoon cinnamon
Preheat a small pot over medium heat. Add mangoes, butter, brown sugar, and cinnamon. Cook until butter and sugar are melted, and mangoes have softened. Remove from heat and cool completely.
Combine milk, heavy cream, and

photo courtesy Fresh From Florida

vanilla bean in a large pot and bring to a boil, then remove from heat. Meanwhile, in a separate mixing bowl, whisk together egg yolks and sugar until completely combined. Temper egg mixture with a third of the hot milk, then slowly pour back into large pot with milk and cream, whisking constantly. Cook over medium heat until custard reaches 180-185 degrees (stir constantly) and is slightly thickened. Strain through mesh strainer into a clean bowl and chill completely (over ice bath or in refrigerator). Pour into ice cream machine and follow manufacturer's instructions. Approximately 5 to 10 minutes before ice cream is set, add mango mixture. Place in freezer-safe container and allow to set for at least 2 hours before serving.
Fresh tip: If you don't have vanilla bean, substitute 3 tablespoons pure vanilla extract; add to mixture at the end of the cooking process before straining.✧

PETS OF THE WEEK



Barney ID# A877383 photos provided Lee County Domestic Animal Services

Barney And Chloe

Hello, my name is Barney. I'm a brown 4-year-old male American bulldog mix. I'm the gentlest of 'giants.' I will greet you at my run by sitting nicely and tilting my head curiously. If you crouch down next to me, I will immediately snuggle next to the gate so you can scratch my head. I dare you to come in and visit with me and not fall instantly in love. My adoption fee is \$20.
Hi, my name is Chloe. I'm a brown



Chloe ID# A881505

tabby female domestic shorthair. I'm a shy girl who will typically hang out in my hut unless there is someone to give me affection. I'm quite low maintenance in that I will keep to myself, and when you are ready to play or snuggle with me, I am right there waiting. My adoption fee is waived.
Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.✧

My Stars ★★★★★
FOR WEEK OF AUGUST 21, 2021

Aries (March 21 to April 19) A more harmonious aspect favors all relationships. Family ties with mates and children are strengthened. Libra is Cupid's choice to win the amorous Aries' heart.
Taurus (April 20 to May 20) The bold Bull is ready to take on fresh challenges. Expect some opposition as you plow new ground – but supporters will outnumber detractors.
Gemini (May 21 to June 20) An upcoming job change could mean uprooting your family to a far-distant location. Weigh all considerations carefully before making a decision one way or the other.
Cancer (June 21 to July 22) A long-standing problem is resolved by a mutually agreed upon compromise. You can now focus on getting the facts you'll need for a decision you'll soon be asked to make.
Leo (July 23 to August 22) The Big Cat needs to be wary of what appears to be a golden investment opportunity. That "sure thing" could turn out to

be nothing more than a sack of Kitty Glitter.
Virgo (August 23 to September 22) You give of yourself generously to help others, but right now you must allow people to help you. Confide your problems to family and trusted friends.
Libra (September 23 to October 22) Relationships benefit from a strong harmonious aspect. Things go more smoothly at work. Someone you thought you'd never see again asks for a reconciliation.
Scorpio (October 23 to November 21) A minor distraction interferes with travel plans, but the delay is temporary. Meanwhile, expect to play peacemaker once again for feuding family members.
Sagittarius (November 22 to December 21) Keep that positive momentum going on the home front. Arrange your schedule to spend more time with your family. You'll soon have news about that job change.
Capricorn (December 22 to January 19) Control that possessive tendency that sometimes goads you into an unnecessary display of jealousy. You could be creating problems where none currently exist.
Aquarius (January 20 to February

18) A new project holds some challenges you hadn't expected. But don't be discouraged; you'll find you're more prepared to deal with them than you realized.
Pisces (February 19 to March 20) Yours is the sign of the celestial Chemist, so don't be surprised if you experience a pleasant "chemistry" betwixt yourself and that new Leo in your life.
Born This Week: You enjoy being fussed over, as befits your "royal" Leonine nature. You also have a strong loyalty to family and friends.
MOMENTS IN TIME
• On September 2, 31 BC, at the Battle of Actium, Roman leader Octavian wins a decisive victory against the forces of Mark Antony and Cleopatra, queen of Egypt. Antony and Cleopatra broke through the enemy lines and fled to Egypt, where they would later commit suicide.
• On September 5, 1666, firefighters in London begin blowing up homes in a desperate attempt to halt the spread of a great fire in the city. By the time the fire was finally extinguished, more than 100,000 people had been left homeless.
• On September 3, 1935, a new

land-speed record is set by Britain's Sir Malcolm Campbell on the Bonneville Salt Flats of Utah. Campbell and his 2,500-horsepower Bluebird motor car made two runs over a 1-mile course at speeds averaging over 301 mph.
• On August 31, 1959, Brooklyn Dodgers left-hander Sandy Koufax strikes out 18 batters, setting a new National League record for most strikeouts in a single game.
• On August 30, 1963, a "hot line" between Moscow and Washington goes into effect to speed communication between U.S. and the Soviet Union and help prevent the possibility of an accidental war. Although never used, it did provide a useful prop for movies about nuclear disaster, such as *Fail Safe* and *Dr. Strangelove*.
• On September 4, 1972, U.S. swimmer Mark Spitz wins his seventh gold medal at the 1972 Summer Olympics in Munich in the 400-meter medley relay. He set world records in every event. Spitz's record would stand until Michael Phelps took home eight gold medals at the 2008 Beijing Games.
• On September 1, 1983, Soviet jet fighters shoot down a Korean Airlines
continued on page 22

 FRIDAY Cloudy High: 88 Low: 75	 SATURDAY Few Showers High: 87 Low: 76	 SUNDAY Few Showers High: 86 Low: 73	 MONDAY Mostly Cloudy High: 88 Low: 77	 TUESDAY Few Showers High: 87 Low: 74	 WEDNESDAY Sunny High: 91 Low: 80	 THURSDAY Sunny High: 90 Low: 78
--	--	--	--	---	---	--

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	4:25 am	10:47 am	5:22 pm	10:34 pm	Fri	3:30 am	10:49 am	4:27 pm	10:36 pm	Fri	5:07 am	11:24 am	5:40 pm	11:21 pm	Fri	6:35 am	1:27 am	7:32 pm	2:03 pm
Sat	4:53 am	11:47 am	6:33 pm	10:58 pm	Sat	3:58 am	11:49 am	5:38 pm	11:00 pm	Sat	5:28 am	12:00 pm	6:17 pm	11:34 pm	Sat	7:03 am	1:50 am	8:43 pm	3:03 pm
Sun	5:26 am	12:57 pm	8:19 pm	11:19 pm	Sun	4:31 am	12:59 pm	7:24 pm	11:21 pm	Sun	5:44 am	12:42 pm	6:56 pm	11:40 pm	Sun	7:36 am	2:14 am	10:29 pm	4:13 pm
Mon	6:07 am	2:17 pm	None	None	Mon	5:12 am	2:19 pm	None	None	Mon	5:58 am	1:36 pm	7:37 pm	11:48 pm	Mon	8:17 am	2:35 am	None	5:33 pm
Tue	7:03 am	3:37 pm	None	None	Tue	6:08 am	3:39 pm	None	None	Tue	6:21 am	2:39 pm	8:23 pm	None	Tue	9:13 am	6:53 pm	None	None
Wed	8:16 am	4:45 pm	None	None	Wed	7:21 am	4:47 pm	None	None	Wed	6:56 am	12:05 am	9:25 pm	3:43 pm	Wed	10:26 am	8:01 pm	None	None
Thu	9:37 am	5:39 pm	None	None	Thu	8:42 am	5:41 pm	None	None	Thu	7:43 am	12:29 am	None	4:56 pm	Thu	11:47 am	8:55 pm	None	None

PROFESSIONAL DIRECTORY

CONSTRUCTION/REMODELING

COOPER
CONSTRUCTION
Custom Homes & Remodeling Specialists
We can design, build and manage any endeavor you can dream up.
239.454.5699
cooperconstruction@embarqmail.com
Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

GENERAL CONTRACTOR

D.BROWN
GENERAL CONTRACTORS LLC
CGC1517615
 **NEW CONSTRUCTION & REMODELS**
239-593-1998 | www.dbrownngc.com

TREE TRIMMING, ARBORIST

Arbor Specialist Since 1995 "Tell A Friend"
TREE WEST
• Tree Trimming • Tree Removal
• Stump Grinding
239-910-3256
info@treewestflorida.com
www.treewestflorida.com
P.O. Box 564, Sanibel, FL 33957
Licensed, insured, workers compensation

WINDOW CLEANING

 **JC Window Cleaning**
239-203-5913
407-902-7845
Juan Penaloza
Residential-Commercial-New Construction
Pressure Washing, Window Cleaning and
Gutter Cleaning
LICENSED and INSURED
jccpcleaning@aol.com / jccpwindowcleaning.com

HOME SERVICES

YARD SERVICE • TREE SERVICE • POOL SERVICE
HOME WATCH • CLEANING SERVICE
 **JUERGEN SCHREYER**
OWNER
ISLAND HOME SERVICE
P.O. Box 1050 • SANIBEL • FLORIDA 33957
WWW.ISLANDHOMESERVICE.COM
INFO@ISLANDHOMESERVICE.COM
PHONE: (239) 472-5247 • CELL: (239) 229-6366

AIR CONDITIONING

CAC1819960

ALLIED AIR SERVICES
HEATING • VENTILATING • AIR CONDITIONING
Home of The Comfort Club!

FISHING CHARTER

Light Tackle Sport Fishing
Sightseeing • Eco Tours
CAPT. MATT MITCHELL

USCG Licensed & Insured
C: (239) 340-8651
www.captmattmitchell.com
email: captmattmitchell@aol.com

CLEANING SERVICES

 **Professional Cleaning Services**
Residential & Commercial
Construction Clean Up
Interior Windows
Home Watch
Jennifer Watson
(239) 810-6293
brightntidy@gmail.com
Licensed & Insured

Be a Voice for Manatees
Report sick or injured manatees

Learn more at
savethemanatee.org/rescue

 **Harry Chapin Food Bank**
OF SOUTHWEST FLORIDA
Mail your tax-deductible donation to:
The Harry Chapin Food Bank
3760 Fowler Street, Fort Myers, FL 33901
Call (239) 334-7007 or donate online at:
harrychapinfoodbank.org

WWW.ALLIEDAIR.BIZ
LOCATED JUST OFF PINE RIDGE AT KELLY RD
INFO@ALLIEDAIR.BIZ
NOW SERVING
Sanibel & Captiva Islands!
CALL ANYTIME
(239) 217-4111
FAST SERVICE | COMFORT CLUB
35 YEARS EXPERIENCE
COMPETITIVE PRICING
END OF SUMMER AC CHECK
Have you done a maintenance
check on your system?

Understanding And Managing Risk Importance

September is National Preparedness Month, part of the ongoing “Ready”1 initiative of the Federal Emergency Management Agency (FEMA). According to FEMA’s “Are You Ready”2 guide, the first step in effective disaster preparedness is to understand your specific risks – first by identifying the hazards that could possibly affect you and then by evaluating your actual vulnerability to those sources of danger.

“Once you understand your risks, you can effectively plan to mitigate them by decreasing your vulnerability and then manage their consequences quickly and effectively if the worst does happen,” said disaster mitigation specialist John Ferguson of Servpro. “Of course, individual home or business owners’ risks vary depending on their location, but regardless of where you live or work, FEMA’s guide has some basic steps that everyone can take to prepare for the unexpected.”

- The following are the steps:
1. Create a family communication and shelter plan.
 2. Sign up for emergency alerts, including FEMA alerts.
 3. Build your savings if possible and keep a small emergency fund of cash on-hand at home.
 4. Create an Emergency Financial First Aid Kit: Gather and safeguard critical documents like deeds, medical information, insurance policies and a list of your household belongings.
 5. Create an emergency kit with basic

tools and enough food and water to last 72 hours and keep the contents fresh and up to date.

In addition to the planning tools and checklists provided by FEMA, businesses like Servpro that specialize in disaster mitigation and restoration offer free tools that make disaster recovery easier. The free Servpro Ready app allows home and business owners to store essential contact and property information electronically where it can be accessed in seconds with a mobile device.

For more information on Servpro in Fort Myers, contact Ferguson at 334-8700 or servpro9126@msn.com or visit <https://ready.servpro.com>.*

From page 20

Moments In Time

passenger flight in Russian airspace, killing all 269 passengers and crew. The KAL flight had veered into a course that was close to one being simultaneously flown by a U.S. spy plane.

NOW HERE’S A TIP

- Rubbing alcohol can be used to remove ballpoint-pen ink from most upholstery.
- “Polish wall tiles in the bathroom using car wax. They will repel water really well. Just be sure that you cover the floor before you apply any wax. You do not want to polish your tub, as that is a safety hazard for sure!” – MW in Missouri
- If you have wood floors, you might already know about felt furniture pads – the little self-stick felt circles you put on furniture legs to reduce scratches on your floors. You might not know that these same pads can reduce scuff marks that appliances make on countertops. It

also makes it easier to scoot around a heavy mixer or other appliances.

- “Check your mower to see if you’re cutting your lawn to the optimum height. Generally, cutting grass to 2 ½ inches will allow it to retain more moisture, requiring less watering, and help shade out weeds, too.” – OF in Alabama

- Here’s a workout tip: Rotate among a few pairs of running shoes to get the best life out of them. Rotating gives them a chance to dry out between wearings, and runners who practice this routine have a 39 percent lower chance of injury, according to a Luxembourg research firm.

- “If you’re looking to save money, don’t ignore the dollar store. You can find a lot of personal-care and home-care items there for, well, a dollar. I save quite a bit of money this way.” – RL in Texas

STRANGE BUT TRUE

- The opposite of paranoia is pronoia. A person suffering from pronoia feels that people or entities around them are plotting to do them good!
- American flags left on the moon will eventually get bleached white by the sun.
- Only two animals have the ability to see behind themselves without turning around: the rabbit and the parrot. Their eyes are on the sides of their head, allowing them to swivel 360 degrees.
- Not that we ever gave any real thought to the matter, but “snow-bones” are the lines of snow or ice left at the sides of roads after the rest of the snow has melted.
- David Babcock broke a Guinness World Record for his time in the Kansas

City marathon, at 5 hours, 48 minutes and 27 seconds. But not for running – he managed to complete the race while knitting a scarf that measured just over 12 feet long. As he said later, “Knitting the whole way really did help distract me from the hard parts of the marathon.”

- At the planet Neptune’s highest altitudes, winds blow at more than 1,100 mph.

- Mozart sold the most CDs in 2016, beating out Adele, Drake and Beyonce, even though those artists all had Grammy-winning hits that year.

- In the 16th century, Parliament passed a law declaring the use of makeup “to deceive an Englishman into marriage” punishable as witchcraft.

- A survey of 2,000 U.S. adults by the skincare brand StriVectin found 63 percent admitted to spending at least half their time on video calls staring at their own face, while 58 percent admitted to getting so distracted by their own appearance that they sometimes stopped listening.

THOUGHT FOR THE DAY

“Of all the liars in the world, sometimes the worst are our own fears.”
– Rudyard Kipling

TRIVIA TEST

1. **U.S. States:** What is the state capital of Kansas?
2. **Anatomy:** Where is the pinna located in the human body?
3. **Geography:** What is the English name for the country called Sverige by its people?
4. **Psychology:** What fear is represented in the condition called heliophobia?
5. **Movies:** Which two films had the most Academy Award nominations

CLASSIFIED

VACATION RENTAL

Island Vacations
Of Sanibel & Captiva
Million \$ Views Await You!
• Cottages • Condos • Homes •
Miles of Beaches & Bike Paths
239-472-7277
1-888-451-7277
1/4 * TFN

ANNUAL RENTAL

SANIBEL SINGLE FAMILY HOME
3 BR 2BA Ground level home available 10/1.
New Roof, Siding, Windows, Beadboard
Updated Kitchen, Tile Floors,
Fenced in Yard.
Annual Rental at \$3,795/ month.
Call 941-681-0233.
8/27 * 9/17

SERVICES OFFERED

ROGER NODRUFF ELECTRIC
Dock Lighting, affordable LED conversion.
FPE panel replacement, Landscape
Lighting. Generator Sizing, etc, etc, etc.
Call or text Roger 239-707-7203
State License #13002788
4/20 * TFN

HELPER

Are you elderly, disabled or just
don't have free time?
I can help!
Just give me a call...
973-919-2116
12/11 * TFN

HELP WANTED

YARD WORK
Two Island households seek reliable
person to do monthly and/or occasional
light yard work - includes mowing.
coe1537@icloud.com
8/13 * TFN


HELP WANTED

NOW HIRING
Do you want morning,
evenings & weekends off?
Looking for experience while
studying child development?
WE'VE GOT THE JOB FOR YOU!
City of Sanibel is hiring Recreation Aide/
Youth Counselor Staff at the Sanibel
Recreation Center Youth Program!
SHIFTS: Monday - Friday,
2 p.m. to 5:30 p.m.
• Gain experience working with
school-aged youth in a fun, safe,
and friendly environment.
• Be a positive role model
• Have fun!
• We provide CPR/AED/FIRST-AID
and Lifeguard Certifications
• Recreation Aides who obtain
Lifeguard Certification receive a
PAY INCREASE to \$15 PER HOUR!
• Sanibel & Cape Coral Tolls PAID!
REQUIREMENTS: Age 17 or older.
Must be a current high school senior,
high school graduate or have GED.
6-months experience as a youth
counselor in recreation programming
preferred but not required.
Apply online at:
www.governmentjobs.com/careers/sanibel
8/6 * 8/27


Cottages To Castles
Unique Vacation Rentals
2427 Periwinkle Way
Sanibel, FL 33957
Local: (239) 472-6385
Toll Free: (800) 472-5385
Fax: (239) 472-5858
www.cottages-to-castles.com
1/26 * TFN

RENTING FOR OVER \$1,500?
Inbox me your monthly rent amount and
I'll send you 3 houses you could
OWN for the same monthly payment.
chip@chipwolfe.com
chipwolfe.com
239-848-0906
REMAX OF THE ISLANDS
6/5 * TFN

Shore Fishing:



Don't Harm The Fish
by Capt. Matt Mitchell
Landing a big fish from the
beach can be hard on the
fish. Dragging a fish up onto
the sand if you're going to release
it is not an option as it usually
damages or kills the fish.
Hold the fish in the water
while you unhook it if you're
going to release it.
The less you can touch a fish
before release the better for the
fish.
If you want a picture with the
fish, support it as you lift it out of
the water – and do it quickly.
Before releasing, revive the
fish while holding it in the water;
moving it slowly back and forth so
water goes over its gills. The fish
will let you know when it's ready
to swim off.
Florida residents as well as
out of state visitors need a fishing
license to fish from shore.

1. Topeka 2. It's the outer ear 3. Sweden
4. Fear of the sun 5. *The Turning Point*
and *The Color Purple*, both with 11
nominations 6. Three: Adam, Hoss and
Little Joe 7. Peppercorn 8. 30,000
9. Japan, Germany and Italy 10. Gringotts

1. Exited 2. Trifle;
3. Meager; 4. Ratchet

Today's Word

RELAX

A cartoon illustration by Horton. A large, balding man with orange hair and sunglasses is lying on his back on a red beach towel. He is wearing purple swim trunks and has a shocked expression on his face. A green crocodile is on the beach near his head, looking at him. Another crocodile is in the water, also looking towards the man. A speech bubble from the crocodile in the water says, "YOU SHOULD NEVER GO GROCERY SHOPPING WHEN YOU'RE HUNGRY." The background shows a blue sky with white clouds, a yellow beach, and a palm tree. A seashell and a starfish are on the sand. The artist's signature "HORTON" is in the bottom right corner.

PUZZLE ANSWERS

I	C	E		C	L	E	A	R		N	O	L	T	E		E	G	G	E	D
S	O	Y		H	E	F	O	R	E		A	L	O	H	A	S	M	I	L	L
S	U	E	D		E	F	O	R	D	A	M	A	G	E	S		B	U	Y	I
U	P	L	I	F	T		C	P	L		F	E	D	E	R	A	L	C	A	
E	L	I	E				M	O	O	E	D		A	D	E	L	I	E		
S	E	D	U	C	T	I	O	N	C	U	P	S			S	M	A	R	T	
				D	I	M	L	I			B	A	I	S			N	O	A	
T	A	M	P	I	C	O			B	E	D	R	O	O	M	H	I	L	D	
U	R	A	L			S	T	A	Y				B	R	I	E				
B	E	D	E	C	K	A	N	D	C	A	L	L	E	L	A	P	S	E	D	
E	N	A	B	L	E		T	I	A	R	E	D		O	T	E	L	L	O	
S	A	M	S		U	N	G		P	R	E	D	A	W	N	S	H	R	I	
				E	N	Y	A				E	D	I	E			I	D	E	
G	R	E	E	D	Y	M	A	T	T	E	R		W	A	I		L	E	R	
A	T	M	S			S	H	O	R	N		U	S	E	R					
B	E	E	P	E	D			S	P	E	D	A	N	T	S	P	O	C	K	
			N	O	N	O		I	L		O	R	B	I	T		O	N	M	
D	E	D	U	C	T		T	A	P	E		O	R	R		V	I	R	E	
E	L	I	S	A		W	I	C	K	E	D	E	R	B	A	S	K	E	T	
J	O	N	A	S		A	L	T	E	R		A	E	R	I	E		L	E	
A	N	G	L	E		S	A	S	S	Y		K	R	O	N	E		S	S	

M	I	R		S	T	E	P		I	S	L	A
E	K	E		H	O	M	E		S	L	U	G
R	E	T	W	E	E	T	S		R	A	G	E
			A	O	L		S	T	E	A	M	E
S	H	I	E	L	D			O	L	E		
W	O	N		S	I	X		F	L	I	E	S
A	H	E	M		G	E	M		I	N	C	A
B	O	R	A	X		D	O	E		S	O	N
			D	I	D		A	M	I	E	N	S
S	A	M	O	V	A	R		I	N	C		
I	R	O	N		M	A	R	G	A	R	E	T
L	I	O	N		E	V	E	R		E	R	A
T	A	D	A		S	I	D	E		T	E	X

A crossword puzzle grid with 11 numbered squares. The grid is filled with letters from a previous puzzle, forming words like 'SNOOPY', 'PIG PEN', and 'RURRA'.

3	1	5	2	7	9	8	6	4
7	8	6	1	5	4	2	3	9
9	4	2	3	8	6	7	5	1
1	5	8	9	2	3	6	4	7
4	3	9	6	1	7	5	2	8
2	6	7	8	4	5	1	9	3
6	7	3	5	9	1	4	8	2
8	9	4	7	6	2	3	1	5
5	2	1	4	3	8	9	7	6

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sanibel Estates	Sanibel	2001	3,659	\$3,395,000	\$3,250,000	11
Esplanade Lake Club	Fort Myers	2022	3,892	\$2,666,600	\$2,666,600	0
Estero Park	Fort Myers Beach	1949	2,508	\$2,375,000	\$2,375,000	88
Caloosa Shores	Sanibel	1992	6,432	\$2,295,000	\$2,050,000	180
Del Sega	Sanibel	2002	3,845	\$1,789,000	\$1,700,000	332
Meta	Cape Coral	2021	2,383	\$1,400,000	\$1,400,000	49
Horse Creek	Fort Myers	2019	3,768	\$1,300,000	\$1,375,000	4
Sanibel River	Sanibel	2000	2,095	\$1,200,000	\$1,190,000	30
Cape Coral	Cape Coral	2002	2,565	\$1,299,900	\$1,155,000	38
Carolands	Bonita Springs	1957	3,015	\$1,133,000	\$1,140,000	0



**"FOR THE SUN-KISSED &
SUN-DESIROUS ALIKE,
A VACATION ON A PLATE."**

The New York Times
Magazine



WWW.DOCFORDS.COM

**THE ORIGINAL
YUCATAN SHRIMP!**

**Visit Our Sister Locations on Ft. Myers Beach
The Dixie Fish Co. & The Whale**